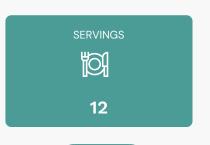


Beehive Cupcakes

airy Free







DESSERT

Ingredients

ľ	1 box betty fun	chocolate cupca	ke mix with	n creamy vanilla	filling betty	crocker®
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0.5 teaspoon purple gel food coloring yellow

24 oz fluffy frosting white betty crocker®

1 tablespoon honey

Equipment

bowl

frying pan

oven

	wire rack					
	muffin liners					
Di	Directions					
	Heat oven to 350°F (325°F for dark or nonstick pans).					
	Place paper baking cup in each of 12 regular-size muffin cups.					
	Make cupcake mix as directed on box, using water, oil and eggs. Fill muffin cups one-third full with batter, using about 2 tablespoons in each. Squeeze filling pouch 20 times; cut off corner of pouch at cut line. Divide filling evenly among cupcakes, making sure filling does not touch sides of muffin cups. Evenly distribute remaining batter among cupcakes, making sure filling is completely covered.					
	Bake 24 minutes or until surface of cupcakes appears dry. Cool 20 minutes; remove cupca from pan to cooling rack. Cool completely, about 30 minutes.					
	In medium bowl, stir food color into frosting until bright yellow; spoon into decorating bag fitted with #802 or #6 round tip. Starting at 12 o'clock on outer edge of each cupcake an using constant pressure on bag, pipe frosting clockwise for 6 or 7 rotations, working toware center and ending in tall peak. Decorate with honeybees and drizzle with honey.					
Nutrition Facts						
PROTEIN 2.09% FAT 32.76% CARBS 65.15%						

Properties

Glycemic Index:7.94, Glycemic Load:17.31, Inflammation Score:-1, Nutrition Score:4.5308695395842%

Nutrients (% of daily need)

Calories: 396.4kcal (19.82%), Fat: 14.8g (22.77%), Saturated Fat: 2.86g (17.87%), Carbohydrates: 66.22g (22.07%), Net Carbohydrates: 65.35g (23.76%), Sugar: 51g (56.67%), Cholesterol: Omg (0%), Sodium: 401.4mg (17.45%), Alcohol: Og (100%), Alcohol %: O% (100%), Caffeine: 3.96mg (1.32%), Protein: 2.13g (4.26%), Vitamin B2: 0.23mg (13.5%), Phosphorus: 107.48mg (10.75%), Iron: 1.72mg (9.54%), Vitamin E: 1.27mg (8.45%), Vitamin K: 8.74µg (8.32%), Copper: 0.14mg (7.23%), Folate: 26.89µg (6.72%), Selenium: 4.53µg (6.48%), Calcium: 55.81mg (5.58%), Vitamin B1: 0.07mg (4.46%), Magnesium: 17.52mg (4.38%), Manganese: 0.08mg (4.08%), Potassium: 138.99mg (3.97%), Vitamin B3: 0.7mg (3.51%), Fiber: 0.87g (3.47%), Zinc: 0.33mg (2.21%)