



## Behind the Times

 Gluten Free  Dairy Free

READY IN



2 min.

SERVINGS



1

CALORIES



171 kcal

BEVERAGE

DRINK

## Ingredients

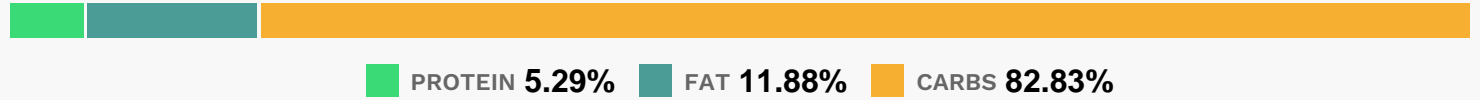
- 0.3 ounce curacao dry
- 2 dashes hot dogs (see note above)
- 1 serving optional: lemon
- 1.5 ounces mirin
- 1.5 ounces irish whiskey

## Equipment

## Directions

- Add Irish whiskey, Dolin Blanc, dry curaçao, and bitters to a mixing glass. Fill 2/3 full with ice and stir until well chilled, about 20 seconds.
- Strain into a chilled cocktail glass.
- Garnish with lemon twist and serve.

## Nutrition Facts



## Properties

Glycemic Index:68.5, Glycemic Load:0.23, Inflammation Score:-3, Nutrition Score:0.52391304423952%

## Flavonoids

Eriodictyol: 1.5mg, Eriodictyol: 1.5mg, Eriodictyol: 1.5mg, Eriodictyol: 1.5mg Hesperetin: 1.95mg, Hesperetin: 1.95mg, Hesperetin: 1.95mg, Hesperetin: 1.95mg Naringenin: 0.04mg, Naringenin: 0.04mg, Naringenin: 0.04mg, Naringenin: 0.04mg Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

## Nutrients (% of daily need)

Calories: 171.3kcal (8.56%), Fat: 0.32g (0.49%), Saturated Fat: 0.11g (0.67%), Carbohydrates: 4.99g (1.66%), Net Carbohydrates: 4.79g (1.74%), Sugar: 1.88g (2.09%), Cholesterol: 0.9mg (0.3%), Sodium: 13.82mg (0.6%), Alcohol: 22.18g (100%), Alcohol %: 27.16% (100%), Protein: 0.32g (0.64%), Vitamin C: 3.71mg (4.5%)