

# Bellini Meanie Martini

 Vegetarian  Vegan  Gluten Free  Dairy Free  Low Fod Map

READY IN



5 min.

SERVINGS



1

CALORIES



323 kcal

BEVERAGE

DRINK

## Ingredients

- 2 fluid ounces champagne
- 1 cup ice cubes
- 2 fluid ounces peach schnapps
- 3 raspberries fresh for garnish
- 0.3 cup vodka

## Equipment

# Directions

- Pour the vodka and peach schnapps into a shaker with the ice. Shake until frothy. Strain into a martini glass, and top off with champagne.
- Garnish with fresh raspberries.

# Nutrition Facts

**PROTEIN 0.73%** **FAT 0.56%** **CARBS 98.71%**

## Properties

Glycemic Index:41, Glycemic Load:0.08, Inflammation Score:-5, Nutrition Score:0.92999999990541%

## Flavonoids

Cyanidin: 2.75mg, Cyanidin: 2.75mg, Cyanidin: 2.75mg, Cyanidin: 2.75mg Petunidin: 0.02mg, Petunidin: 0.02mg, Petunidin: 0.02mg, Petunidin: 0.02mg Delphinidin: 0.08mg, Delphinidin: 0.08mg, Delphinidin: 0.08mg, Delphinidin: 0.08mg Malvidin: 0.01mg, Malvidin: 0.01mg, Malvidin: 0.01mg, Malvidin: 0.01mg Pelargonidin: 0.06mg, Pelargonidin: 0.06mg, Pelargonidin: 0.06mg, Pelargonidin: 0.06mg Peonidin: 0.01mg, Peonidin: 0.01mg, Peonidin: 0.01mg, Peonidin: 0.01mg Catechin: 0.08mg, Catechin: 0.08mg, Catechin: 0.08mg, Catechin: 0.08mg Epigallocatechin: 0.03mg, Epigallocatechin: 0.03mg, Epigallocatechin: 0.03mg, Epigallocatechin: 0.03mg Epicatechin: 0.21mg, Epicatechin: 0.21mg, Epicatechin: 0.21mg, Epicatechin: 0.21mg Epigallocatechin 3-gallate: 0.03mg, Epigallocatechin 3-gallate: 0.03mg, Epigallocatechin 3-gallate: 0.03mg, Epigallocatechin 3-gallate: 0.03mg Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg

## Nutrients (% of daily need)

Calories: 322.69kcal (16.13%), Fat: 0.04g (0.06%), Saturated Fat: 0g (0.01%), Carbohydrates: 15.36g (5.12%), Net Carbohydrates: 14.97g (5.44%), Sugar: 14.67g (16.3%), Cholesterol: 0mg (0%), Sodium: 16.63mg (0.72%), Alcohol: 23.83g (100%), Alcohol %: 7.17% (100%), Protein: 0.11g (0.23%), Copper: 0.06mg (2.79%), Magnesium: 9.6mg (2.4%), Manganese: 0.04mg (2.01%), Vitamin C: 1.57mg (1.91%), Potassium: 61.7mg (1.76%), Iron: 0.28mg (1.58%), Fiber: 0.39g (1.56%), Calcium: 13.92mg (1.39%), Phosphorus: 13.61mg (1.36%)