



Berry-Cherry Pie

READY IN



180 min.

SERVINGS



8

CALORIES



458 kcal

DESSERT

Ingredients

- ☐ 21 oz cherry pie filling canned
- ☐ 8 oz cream cheese softened
- ☐ 0.5 teaspoon lemon zest grated
- ☐ 1 box pie crust dough refrigerated softened pillsbury®
- ☐ 2 cups strawberries fresh whole
- ☐ 0.3 cup sugar
- ☐ 1 teaspoon vanilla

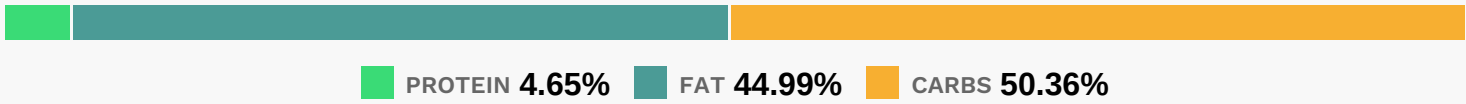
Equipment

- ☐ bowl
- ☐ oven
- ☐ hand mixer
- ☐ pie form

Directions

- ☐ Heat oven to 450°F. Make pie crust as directed on box for One-Crust
- ☐ Baked Shell using 9-inch glass pie pan.
- ☐ Bake 9 to 11 minutes or until light golden brown. Cool completely, about 30 minutes.
- ☐ In small bowl, beat cream cheese, sugar, vanilla and lemon peel with electric mixer on medium speed until smooth and well blended.
- ☐ Spread evenly in cooled baked shell.
- ☐ Arrange strawberries over cream cheese mixture; press in lightly. Spoon pie filling over strawberries. Refrigerate at least 2 hours before serving. If desired, garnish with whipped cream. Store in refrigerator.

Nutrition Facts



Properties

Glycemic Index:17.14, Glycemic Load:7.06, Inflammation Score:-5, Nutrition Score:7.8713044187297%

Flavonoids

Cyanidin: 0.6mg, Cyanidin: 0.6mg, Cyanidin: 0.6mg, Cyanidin: 0.6mg Petunidin: 0.04mg, Petunidin: 0.04mg, Petunidin: 0.04mg Delphinidin: 0.11mg, Delphinidin: 0.11mg, Delphinidin: 0.11mg, Delphinidin: 0.11mg Pelargonidin: 8.95mg, Pelargonidin: 8.95mg, Pelargonidin: 8.95mg, Pelargonidin: 8.95mg Peonidin: 0.02mg, Peonidin: 0.02mg, Peonidin: 0.02mg, Peonidin: 0.02mg Catechin: 1.12mg, Catechin: 1.12mg, Catechin: 1.12mg, Catechin: 1.12mg Epigallocatechin: 0.28mg, Epigallocatechin: 0.28mg, Epigallocatechin: 0.28mg, Epigallocatechin: 0.28mg Epicatechin: 0.15mg, Epicatechin: 0.15mg, Epicatechin: 0.15mg, Epicatechin: 0.15mg Epicatechin 3-gallate: 0.05mg, Epicatechin 3-gallate: 0.05mg, Epicatechin 3-gallate: 0.05mg, Epicatechin 3-gallate: 0.05mg Epigallocatechin 3-gallate: 0.04mg, Epigallocatechin 3-gallate: 0.04mg, Epigallocatechin 3-gallate: 0.04mg, Epigallocatechin 3-gallate: 0.04mg Naringenin: 0.09mg, Naringenin: 0.09mg, Naringenin: 0.09mg, Naringenin: 0.09mg Kaempferol: 0.18mg, Kaempferol: 0.18mg, Kaempferol: 0.18mg, Kaempferol: 0.18mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.4mg, Quercetin: 0.4mg, Quercetin: 0.4mg, Quercetin: 0.4mg

Quercetin: 0.4mg Gallocatechin: 0.01mg, Gallocatechin: 0.01mg, Gallocatechin: 0.01mg, Gallocatechin: 0.01mg

Nutrients (% of daily need)

Calories: 458.41kcal (22.92%), Fat: 22.97g (35.35%), Saturated Fat: 9.82g (61.41%), Carbohydrates: 57.86g (19.29%), Net Carbohydrates: 55.43g (20.16%), Sugar: 11.21g (12.46%), Cholesterol: 28.63mg (9.54%), Sodium: 307.41mg (13.37%), Alcohol: 0.17g (100%), Alcohol %: 0.11% (100%), Protein: 5.34g (10.68%), Vitamin C: 24.01mg (29.1%), Manganese: 0.39mg (19.34%), Folate: 49.18µg (12.3%), Vitamin B1: 0.17mg (11.43%), Vitamin A: 538.17IU (10.76%), Vitamin B2: 0.17mg (10.13%), Fiber: 2.43g (9.72%), Iron: 1.66mg (9.24%), Phosphorus: 86.18mg (8.62%), Selenium: 5.78µg (8.26%), Vitamin B3: 1.62mg (8.11%), Potassium: 220.25mg (6.29%), Copper: 0.12mg (6.02%), Calcium: 51.25mg (5.13%), Magnesium: 20.02mg (5%), Vitamin K: 5.04µg (4.8%), Vitamin B5: 0.46mg (4.57%), Vitamin B6: 0.09mg (4.28%), Vitamin E: 0.58mg (3.86%), Zinc: 0.46mg (3.04%), Vitamin B12: 0.06µg (1.04%)