

Berry Shooters

 Vegetarian  Gluten Free  Dairy Free  Low Fod Map

READY IN



8 min.

SERVINGS



20

CALORIES



17 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 3 ounce tropical fruit-flavored jell-o® mix
- 1 cup triple berry vodka
- 1 cup water hot

Equipment

- bowl

Directions

- In a medium bowl combine the gelatin mix and boiling water. Stir until gelatin dissolves.
- Pour in the vodka and stir.
- Pour into small paper cups and chill in the refrigerator until set.

Nutrition Facts

PROTEIN 1.05%

FAT 2.6%

CARBS 96.35%

Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:0.30478261419288%

Flavonoids

Cyanidin: 0.34mg, Cyanidin: 0.34mg, Cyanidin: 0.34mg, Cyanidin: 0.34mg Petunidin: 1.41mg, Petunidin: 1.41mg, Petunidin: 1.41mg, Petunidin: 1.41mg Delphinidin: 1.67mg, Delphinidin: 1.67mg, Delphinidin: 1.67mg, Delphinidin: 1.67mg Malvidin: 3.85mg, Malvidin: 3.85mg, Malvidin: 3.85mg, Malvidin: 3.85mg Peonidin: 0.04mg, Peonidin: 0.04mg, Peonidin: 0.04mg, Peonidin: 0.04mg Luteolin: 0.14mg, Luteolin: 0.14mg, Luteolin: 0.14mg, Luteolin: 0.14mg Kaempferol: 0.09mg, Kaempferol: 0.09mg, Kaempferol: 0.09mg, Kaempferol: 0.09mg Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg Quercetin: 0.36mg, Quercetin: 0.36mg, Quercetin: 0.36mg, Quercetin: 0.36mg

Nutrients (% of daily need)

Calories: 16.75kcal (0.84%), Fat: 0.05g (0.08%), Saturated Fat: 0g (0.03%), Carbohydrates: 4.13g (1.38%), Net Carbohydrates: 3.74g (1.36%), Sugar: 2.69g (2.99%), Cholesterol: 0mg (0%), Sodium: 3.14mg (0.14%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.04g (0.09%), Fiber: 0.39g (1.57%), Vitamin K: 1.27µg (1.21%)