

STARTER & SNACK

Best Bruschetta Ever

13 September 2026

TOTAL TIME	PREP	COOK	SERVES	PER SERVING	CALORIES
500 min	20 min	480 min	8	\$0.21	48 kcal



You can never have too many hor d'oeuvre recipes, so give Best Bruschettan Ever a try. For 21 cents per serving, this recipe covers 2% of your daily requirements of vitamins and minerals. One portion of this dish contains roughly 1g of protein, 4g of fat, and a total of 48 calories. This recipe serv...

Ingredients

- ☐ 1 teaspoon dried basil
- ☐ 8 servings ground black pepper to taste
- ☐ 4 tablespoons grated Parmesan cheese
- ☐ 2 tomatoes, cubed
- ☐ 1 clove garlic, crushed
- ☐ 2 tablespoons olive oil
- ☐ 8 servings seasoning salt to taste

EQUIPMENT Bowl

Method

- 1 In a medium bowl, mix tomatoes, dried basil, Parmesan cheese, olive oil, garlic, seasoning salt and ground black pepper. Cover and chill in the refrigerator 8 hours, or overnight, before serving.

Nutrition per serving

48	1 g	4 g	2 g
KCAL	PROTEIN	FAT	CARBS
Saturated Fat			0.9 g · 6% of daily needs
Fibre			0.5 g · 2% of daily needs
Sugar			0.8 g · 1% of daily needs
Sodium			239 mg · 10% of daily needs
Cholesterol			2.2 mg · 1% of daily needs
Vitamin C			4.3 mg · 5% of daily needs

Adapted from Allrecipes. Find this recipe, ratings and more ideas at whatsheate.com/best-bruschetta-ever-142368