



Better than Sex Cake II

READY IN



90 min.

SERVINGS



15

CALORIES



338 kcal

DESSERT

Ingredients

- 18.3 ounce duncan hines devil's food cake
- 6 ounces mrs richardson's butterscotch caramel sauce
- 4.2 ounce chocolate bar chopped
- 14 ounce condensed milk sweetened canned
- 8 ounce non-dairy whipped topping frozen thawed

Equipment

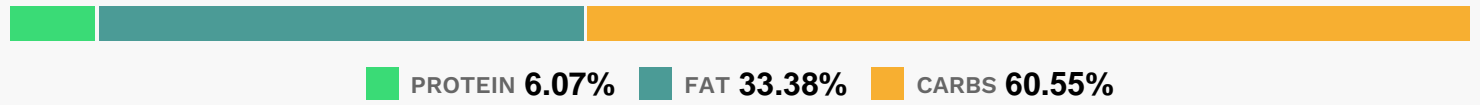
- frying pan
- sauce pan

- oven
- wire rack

Directions

- Bake cake according to package directions for a 9x13 inch pan; cool on wire rack for 5 minutes. Make slits across the top of the cake, making sure not to go through to the bottom.
- In a saucepan over low heat, combine sweetened condensed milk and caramel topping, stirring until smooth and blended. Slowly pour the warm topping mixture over the top of the warm cake, letting it sink into the slits; then sprinkle the crushed chocolate toffee bars liberally across the entire cake while still warm. (Hint: I crush my candy bars into small chunks as opposed to crumbs - I like to have pieces I can chew on!)
- Let cake cool completely, then top with whipped topping. Decorate the top of the cake with some more chocolate toffee bar chunks and swirls of caramel topping. Refrigerate and serve right from the pan!

Nutrition Facts



Properties

Glycemic Index:5.6, Glycemic Load:9.42, Inflammation Score:-3, Nutrition Score:7.0947825688383%

Nutrients (% of daily need)

Calories: 338.39kcal (16.92%), Fat: 13.05g (20.07%), Saturated Fat: 6.23g (38.94%), Carbohydrates: 53.25g (17.75%), Net Carbohydrates: 51.56g (18.75%), Sugar: 39.54g (43.93%), Cholesterol: 9.54mg (3.18%), Sodium: 369.3mg (16.06%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 10.14mg (3.38%), Protein: 5.34g (10.67%), Phosphorus: 200.13mg (20.01%), Calcium: 148.97mg (14.9%), Iron: 2.56mg (14.23%), Copper: 0.28mg (14.18%), Selenium: 9.24µg (13.2%), Manganese: 0.24mg (11.94%), Vitamin B2: 0.19mg (10.89%), Magnesium: 42.81mg (10.7%), Potassium: 291.5mg (8.33%), Fiber: 1.69g (6.77%), Folate: 24.98µg (6.24%), Vitamin B1: 0.09mg (5.88%), Zinc: 0.8mg (5.35%), Vitamin E: 0.55mg (3.69%), Vitamin B3: 0.71mg (3.53%), Vitamin B12: 0.19µg (3.15%), Vitamin B5: 0.3mg (2.96%), Vitamin K: 2.53µg (2.41%), Vitamin A: 96.17IU (1.92%), Vitamin B6: 0.03mg (1.65%)