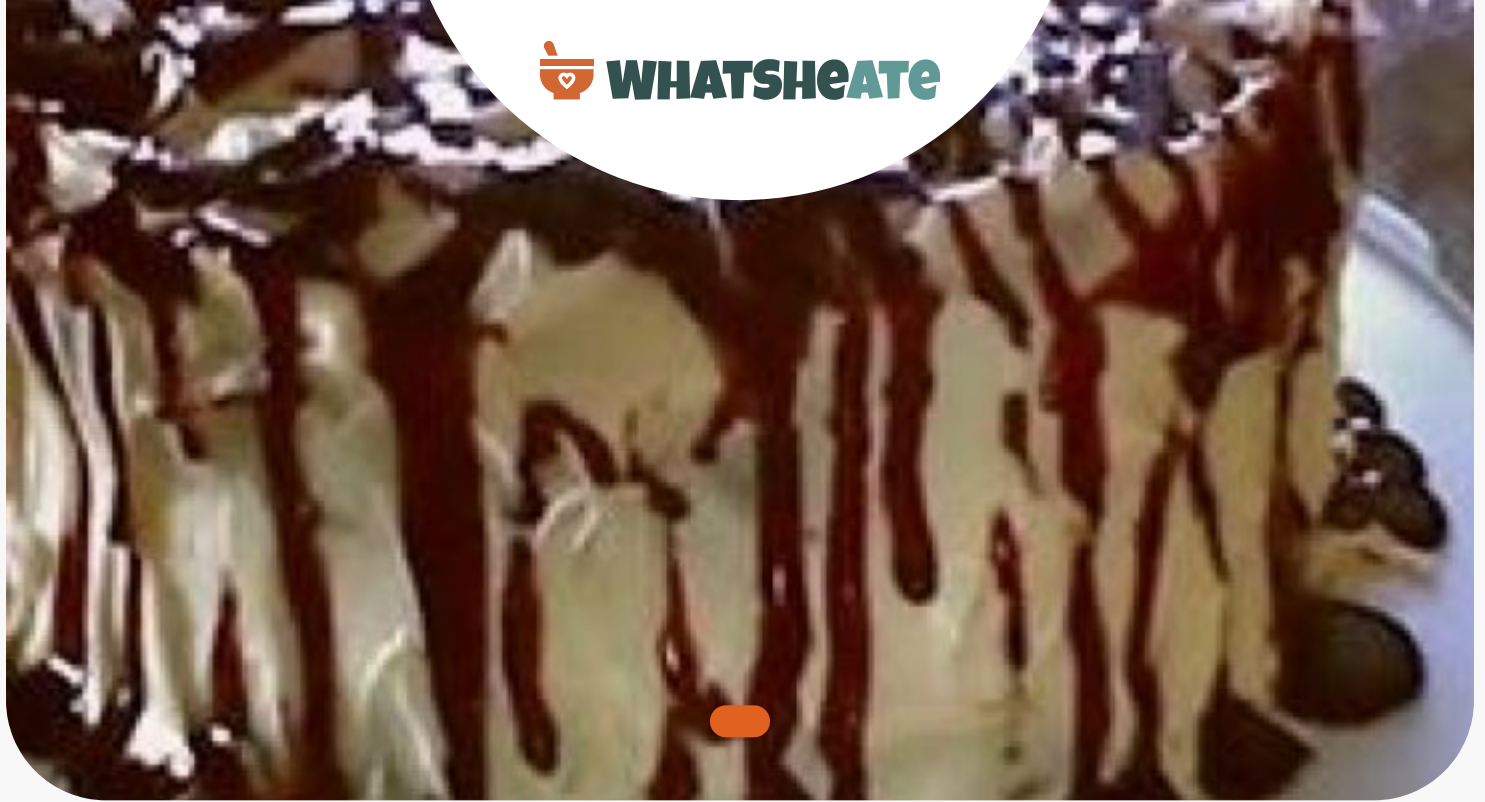




Better Than...Cake

READY IN



45 min.

SERVINGS



16

CALORIES



329 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 4 eggs
- ☐ 3.5 ounce vanilla pudding mix instant
- ☐ 2 cups semi chocolate chips
- ☐ 8 ounces cup heavy whipping cream sour
- ☐ 0.5 cup vegetable oil
- ☐ 0.3 cup water
- ☐ 18.3 ounce butter cake mix

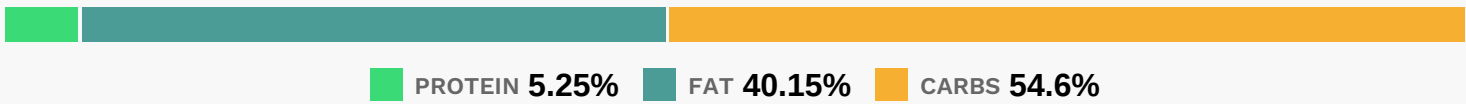
Equipment

- ☐ bowl
- ☐ oven
- ☐ blender

Directions

- ☐ Preheat oven to 350 degrees F (175 degrees C). Grease and flour two 9 inch round cake pans.
- ☐ In a large bowl, combine cake mix, pudding mix, eggs, water, oil and sour cream. Beat with a mixer until smooth. Stir in chocolate chips.
- ☐ Divide into two 9 inch pans.
- ☐ Bake at 350 degrees F (175 degrees C) for 45 minutes.
- ☐ Frost with Cream Cheese Frosting or Sour Cream Chocolate Frosting.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-3, Nutrition Score:7.3569564469483%

Nutrients (% of daily need)

Calories: 328.62kcal (16.43%), Fat: 14.7g (22.62%), Saturated Fat: 7.47g (46.69%), Carbohydrates: 44.98g (14.99%), Net Carbohydrates: 42.75g (15.55%), Sugar: 27.7g (30.78%), Cholesterol: 50.63mg (16.88%), Sodium: 297.24mg (12.92%), Alcohol: Og (100%), Alcohol %: 0% (100%), Caffeine: 19.35mg (6.45%), Protein: 4.32g (8.65%), Phosphorus: 191.42mg (19.14%), Manganese: 0.37mg (18.25%), Copper: 0.32mg (15.82%), Iron: 2.3mg (12.79%), Magnesium: 45.61mg (11.4%), Calcium: 103.08mg (10.31%), Selenium: 6.82µg (9.74%), Vitamin B2: 0.16mg (9.45%), Fiber: 2.23g (8.9%), Folate: 28.01µg (7%), Vitamin B1: 0.09mg (5.94%), Zinc: 0.87mg (5.83%), Vitamin K: 5.31µg (5.06%), Potassium: 176.91mg (5.05%), Vitamin B3: 0.96mg (4.79%), Vitamin E: 0.71mg (4.74%), Vitamin B5: 0.4mg (4.01%), Vitamin B12: 0.2µg (3.34%), Vitamin A: 158.96IU (3.18%), Vitamin B6: 0.06mg (2.85%), Vitamin D: 0.22µg (1.47%)