

Big Birthday Cookie







Ingredients

	17.5 oz chocolate chip cookie mix
	0.5 cup butter softened

1 eggs

1 serving purple gel food coloring

12 oz fluffy frosting white

1 serving sprinkles

Equipment

bowl

frying pan

	oven		
	wire rack		
	pizza pan		
	aluminum foil		
	ziploc bags		
Di	rections		
	Heat oven to 350°F. Line 12-inch pizza pan with foil with about 2 inches hanging over edge of pan. Grease foil with shortening for easiest pan removal or spray with cooking spray.		
	In medium bowl, stir cookie mix, butter and egg until soft dough forms.		
	Spread dough evenly in pan.		
	Bake 15 to 20 minutes or until edges are golden brown. Cool completely in pan on cooling rack, about 30 minutes.		
	Remove foil from cookie; place on serving platter.		
	Add food color to frosting as desired. To pipe, use decorating bag or resealable food-storage plastic bag with small corner cut off bag; decorate cookie as desired.		
	Cut into wedges or squares to serve.		
	Nutrition Facts		
	PROTEIN 2.37% FAT 50.22% CARBS 47.41%		

Properties

Glycemic Index:11.81, Glycemic Load:21.34, Inflammation Score:-2, Nutrition Score:3.0839130575566%

Nutrients (% of daily need)

Calories: 403.04kcal (20.15%), Fat: 22.62g (34.8%), Saturated Fat: 9.83g (61.42%), Carbohydrates: 48.05g (16.02%), Net Carbohydrates: 46.9g (17.05%), Sugar: 32.06g (35.62%), Cholesterol: 37.28mg (12.43%), Sodium: 266.61mg (11.59%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 2.4g (4.81%), Vitamin B2: 0.18mg (10.59%), Vitamin B1: 0.14mg (9.41%), Folate: 31.97µg (7.99%), Vitamin A: 256.16IU (5.12%), Fiber: 1.16g (4.63%), Vitamin E: 0.69mg (4.61%), Vitamin B3: 0.9mg (4.48%), Vitamin K: 4.36µg (4.15%), Magnesium: 14.56mg (3.64%), Phosphorus: 34.89mg (3.49%), Iron: 0.61mg (3.38%), Potassium: 92.21mg (2.63%), Zinc: 0.28mg (1.88%), Selenium: 1.25µg (1.78%)