

Big Birthday Cookie







DESSERT

Ingredients

U.5 cup butter softened
1 pouch chocolate chip cookie mix (1 lb 1.5 oz)
1 eggs
12 servings purple gel food coloring
1 container fluffy frosting white

12 servings m&m candies

Equipment

bowl

	frying pan	
	oven	
	wire rack	
	pizza pan	
	aluminum foil	
	ziploc bags	
Directions		
	Heat oven to 350F. Line 12-inch pizza pan with foil with about 2 inches hanging over edge of pan. Grease foil with shortening for easiest pan removal or spray with cooking spray.	
	In medium bowl, stir cookie mix, butter and egg until soft dough forms.	
	Spread dough evenly in pan.	
	Bake 15 to 20 minutes or until edges are golden brown. Cool completely in pan on cooling rack, about 30 minutes.	
	Remove foil from cookie; place on serving platter.	
	Add food color to frosting as desired. To pipe, use decorating bag or resealable food-storage plastic bag with small corner cut off bag; decorate cookie as desired.	
	Cut into wedges or squares to serve.	
Nutrition Facts		
PROTEIN 1.62% FAT 51.45% CARBS 46.93%		
PROTEIN 1.02/0 FAT 31.43/0 CARDS 40.33/0		

Properties

Glycemic Index:11.81, Glycemic Load:11.27, Inflammation Score:-1, Nutrition Score:1.7543478454261%

Nutrients (% of daily need)

Calories: 309.71kcal (15.49%), Fat: 17.78g (27.35%), Saturated Fat: 8.3g (51.86%), Carbohydrates: 36.49g (12.16%), Net Carbohydrates: 36.08g (13.12%), Sugar: 33.72g (37.47%), Cholesterol: 36.23mg (12.08%), Sodium: 147.36mg (6.41%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 1.26g (2.53%), Vitamin B2: 0.14mg (8.02%), Vitamin A: 289.76IU (5.8%), Vitamin E: 0.85mg (5.65%), Vitamin K: 5.68µg (5.41%), Calcium: 22.88mg (2.29%), Selenium: 1.26µg (1.8%), Iron: 0.31mg (1.74%), Phosphorus: 16.5mg (1.65%), Fiber: 0.41g (1.63%), Folate: 5.14µg (1.29%)