



Big Game Pizza Ball

READY IN

ready

15 min.

SERVINGS

servings

15

CALORIES

calories

496 kcal

LUNCH

MAIN COURSE

MAIN DISH

DINNER

Ingredients



1 pound cream cheese softened



2 teaspoons pepper red crushed



1 teaspoon basil dried



7 tablespoons evoo



1 teaspoon garlic powder



2 teaspoons kosher salt



1 teaspoon oregano dried



4 ounces pepperoni sliced thin



15 servings pitas lightly toasted cut into points,

- ☐ 24 ounces mozzarella cheese shredded
- ☐ 6 ounces tomato sauce

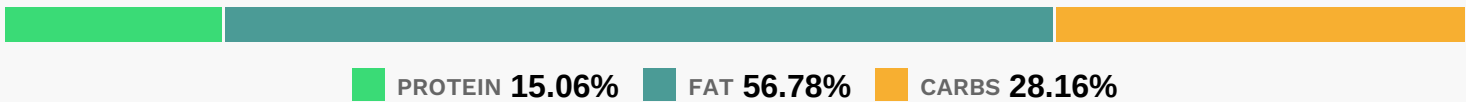
Equipment

- ☐ bowl

Directions

- ☐ Pulse the heck out of everything except the tomato sauce, pepperoni and pita, scraping the bowl to ensure even mixing. Shape this mass as you'd like. Make some wells on top.
- ☐ Put the tomato sauce in the wells. Shingle the pepperoni around the exterior.
- ☐ Serve with pita points.

Nutrition Facts



Properties

Glycemic Index:15.6, Glycemic Load:30.01, Inflammation Score:-6, Nutrition Score:11.185652302659%

Flavonoids

Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg

Nutrients (% of daily need)

Calories: 496.42kcal (24.82%), Fat: 31.33g (48.2%), Saturated Fat: 14.42g (90.14%), Carbohydrates: 34.95g (11.65%), Net Carbohydrates: 33.35g (12.13%), Sugar: 2.04g (2.27%), Cholesterol: 73.71mg (24.57%), Sodium: 1167.48mg (50.76%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 18.7g (37.39%), Calcium: 314.5mg (31.45%), Phosphorus: 264.26mg (26.43%), Vitamin B12: 1.2µg (19.98%), Manganese: 0.36mg (18.19%), Selenium: 12.68µg (18.12%), Vitamin A: 843.68IU (16.87%), Vitamin B2: 0.28mg (16.67%), Zinc: 2.18mg (14.55%), Vitamin B1: 0.2mg (13.01%), Vitamin E: 1.66mg (11.08%), Vitamin B3: 1.81mg (9.03%), Vitamin K: 8.62µg (8.21%), Iron: 1.43mg (7.95%), Magnesium: 30.81mg (7.7%), Copper: 0.13mg (6.53%), Fiber: 1.59g (6.38%), Potassium: 207.13mg (5.92%), Vitamin B5: 0.59mg (5.89%), Folate: 21.43µg (5.36%), Vitamin B6: 0.1mg (5.12%), Vitamin D: 0.28µg (1.86%)