

Bikini Martini

 Vegetarian  Vegan  Gluten Free  Dairy Free  Popular

READY IN



5 min.

SERVINGS



1

CALORIES



70 kcal

BEVERAGE

DRINK

Ingredients

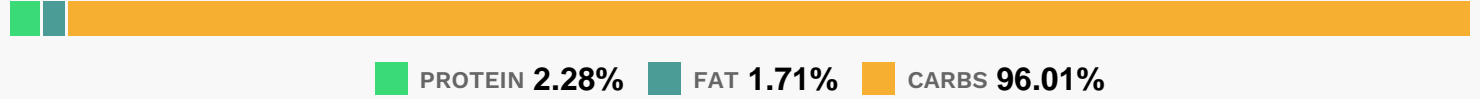
- 1 fluid ounce malibu coconut rum
- 1 dash grenadine syrup
- 1 fluid ounce pineapple juice
- 0.8 fluid ounce vodka

Equipment

Directions

- Combine rum, vodka and pineapple juice in a drink shaker. Shake firmly until frothy.
- Pour in a martini glass, add a touch of grenadine in the middle.
- Garnish with an orange wheel.

Nutrition Facts



Properties

Glycemic Index:161, Glycemic Load:2.39, Inflammation Score:-2, Nutrition Score:0.91565216340772%

Nutrients (% of daily need)

Calories: 69.58kcal (3.48%), Fat: 0.04g (0.05%), Saturated Fat: 0g (0.01%), Carbohydrates: 4.47g (1.49%), Net Carbohydrates: 4.42g (1.61%), Sugar: 3.42g (3.8%), Cholesterol: 0mg (0%), Sodium: 1.08mg (0.05%), Alcohol: 7.41g (100%), Alcohol %: 11.4% (100%), Protein: 0.11g (0.21%), Manganese: 0.15mg (7.45%), Vitamin C: 2.96mg (3.58%), Vitamin B6: 0.03mg (1.48%), Folate: 5.32µg (1.33%), Vitamin B1: 0.02mg (1.22%), Copper: 0.02mg (1.14%), Potassium: 38.94mg (1.11%)