

Bisquick® Hot Dog Rolls

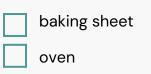
Gluten Free



Ingredients

- 8 hot dogs
- 0.3 cup milk
- 1 serving relish
- 3 tablespoons relish drained
- 2 slices processed cheese food cut into 4 strips
- 1 tablespoon mustard yellow
- 1.8 cups frangelico
- 1.8 cups frangelico

Equipment



Directions

Heat oven to 425F. Grease cookie sheet.
Mix Bisquick, milk and mustard until soft dough forms; beat 30 seconds. Turn dough onto surface dusted with Bisquick; roll in Bisquick to coat. Shape into ball; knead 10 times.
Roll dough into 13-inch circle; cut into 8 wedges.
Place about 1 teaspoon pickle relish and 1 cheese strip on each wedge about 1 inch from rounded edge. Top with hot dog.
Roll up, beginning at rounded edge.
Place crescents, with tips underneath, on cookie sheet.
Bake about 12 minutes or until golden brown.
Serve with additional pickle relish.
Nutrition Facts

PROTEIN 17.13% 📕 FAT 54.27% 📒 CARBS 28.6%

Properties

Glycemic Index:125, Glycemic Load:20.46, Inflammation Score:-7, Nutrition Score:34.805651804675%

Nutrients (% of daily need)

Calories: 1144.83kcal (57.24%), Fat: 70.1g (107.84%), Saturated Fat: 27.92g (174.51%), Carbohydrates: 83.13g (27.71%), Net Carbohydrates: 81.79g (29.74%), Sugar: 5.07g (5.64%), Cholesterol: 213.76mg (71.25%), Sodium: 3861.99mg (167.91%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 49.77g (99.54%), Selenium: 110.53µg (157.9%), Phosphorus: 742.37mg (74.24%), Vitamin B2: 1.25mg (73.34%), Vitamin B3: 13.82mg (69.12%), Vitamin B1: 0.96mg (64.17%), Calcium: 637.09mg (63.71%), Zinc: 8.84mg (58.96%), Iron: 9.57mg (53.19%), Vitamin B12: 2.94µg (49.02%), Folate: 181.27µg (45.32%), Vitamin B5: 2.39mg (23.93%), Potassium: 761.42mg (21.75%), Manganese: 0.42mg (21.24%), Magnesium: 83.42mg (20.85%), Copper: 0.35mg (17.49%), Vitamin B6: 0.27mg (13.48%), Vitamin A: 616.13IU (12.32%), Vitamin D: 1.15µg (7.64%), Fiber: 1.34g (5.34%), Vitamin E: 0.43mg (2.86%), Vitamin K: 1.56µg (1.49%), Vitamin C: 0.88mg (1.07%)