

Bite-Size Sour Cream-Pound Cake Cupcakes (Basic Cupcake Batter)

Vegetarian







DESSERT

Ingredients

0.5 teaspoon salt

	1 teaspoon double-acting baking powder
	0.5 teaspoon baking soda
	0.5 cup butter softened
	8 oz cream cheese softened
	4 large eggs
П	3 cups flour all-purpose

	8 oz cup heavy whipping cream sour
	2 cups sugar
	1 teaspoon vanilla extract
	24 servings desired buttercream
	24 servings desired buttercream
Eq	uipment
	bowl
	oven
	whisk
	hand mixer
	microwave
D:	rootiono
ווט	rections
	Preheat oven to 35
	Beat butter and cream cheese at medium speed with an electric mixer until creamy. Beat in sugar until light and fluffy.
	Add eggs, 1 at a time, beating until blended after each addition. Stir in vanilla.
	Combine flour and next 3 ingredients. Gradually add to butter mixture alternately with sour cream, beating until blended. Spoon batter by rounded tablespoonfuls into lightly greased miniature muffin pans.
	Bake at 350 for 13 to 15 minutes or until a wooden pick inserted in centers comes out clean. Cool in pans on wire racks 5 minutes.
	Remove from pans to wire racks, and cool completely (about 30 minutes).
	Spread cupcakes with desired buttercream, or dip in glaze.
	Fresh Citrus Cupcakes with Orange Buttercream
	Prepare Cupcakes as directed, omitting vanilla and adding 1 Tbsp. orange zest and 2 Tbsp. fresh orange juice to batter. Pipe or spread Orange Buttercream onto cupcakes.
	Orange Buttercream

Substitute 1 Tbsp. orange zest for vanilla. Reduce milk to 2 Tbsp. Prepare Buttercream as directed in Steps 1 and 2, beating in 2 Tbsp. fresh orange juice with 1 Tbsp. milk in Step Beat in remaining 1 Tbsp. milk as directed in Step Beat in 1 drop red food coloring and 1 drop yellow food coloring until blended, if desired.
Mocha Latte Cupcakes
Microwave 1 (12-oz.) package dark chocolate morsels at HIGH 11/2 minutes or until melted and smooth, stirring at 30-second intervals. Prepare Cupcakes as directed, stirring melted chocolate into batter. (Batter will be very thick.)
Bake 11 to 13 minutes or until a wooden pick inserted in centers comes out clean. Cool as directed. Top with Double Shot Latte Buttercream.
Garnish with chocolate shavings, if desired. Makes 6 1/2 dozen.
Double Shot Latte Buttercream
Prepare Buttercream as directed, beating in 11/2 Tbsp. instant espresso with butter.
Salted Caramel-Chocolate Cupcakes
Prepare Cupcakes as directed, substituting 11/4 cups granulated sugar and 3/4 cup firmly packed dark brown sugar for 2 cups granulated sugar. Microwave 8 oz. chopped semisweet chocolate and 1/4 cup whipping cream in a microwave-safe bowl at HIGH 1 minute, stirring at 30-second intervals.
Whisk in 2 Tbsp. whipping cream until smooth. Dip tops of cupcakes in chocolate mixture, and let stand until chocolate is set (about 30 minutes). Pipe or spread Salted Caramel Buttercream onto cupcakes.
Garnish with sea salt flakes and caramels, cut into quarters.
Note: We tested with Artisan Salt Company Cyprus Mediterranean Flake Salt.
Salted Caramel Buttercream
Prepare Buttercream as directed in Step 1, using 3 Tbsp. milk and adding 1/4 tsp. kosher salt with butter. Melt 15 caramels with 1 Tbsp. milk in a small microwave-safe bowl at HIGH 1 minute or until smooth, stirring at 30-second intervals. Fold caramel mixture into buttercream, creating swirls. (Do not completely blend.)
Fresh Citrus Cupcakes with Ruby Red Grapefruit Glaze
Prepare Cupcakes as directed, omitting vanilla and adding 1 Tbsp. orange zest and 2 Tbsp. fresh orange juice to batter.
Drizzle tops of cupcakes with Ruby Red Grapefruit Glaze, and top with pink grapefruit-

	Ruby Red Grapefruit Glaze	
	Stir together 3 cups powdered sugar, 1 tsp. grapefruit zest, 5 to 6 Tbsp. fresh grapefruit juice, and 1 drop red food coloring until blended. Makes about 11/2 cups.	
	Cappuccino Cupcakes	
	Prepare Cupcakes as directed. Pipe or spread Double Shot Latte Buttercream onto cupcakes.	
	Garnish with instant espresso, ground cinnamon, and chocolate-covered coffee beans, if desired.	
	Double Shot Latte Buttercream	
	Prepare Buttercream as directed, beating in 11/2 Tbsp. instant espresso with butter.	
Nutrition Facts		
PROTEIN 6.34% FAT 40.25% CARBS 53.41%		

Properties

Glycemic Index:13.09, Glycemic Load:20.45, Inflammation Score:-3, Nutrition Score:3.9247826146691%

Nutrients (% of daily need)

Calories: 219.22kcal (10.96%), Fat: 9.92g (15.26%), Saturated Fat: 5.58g (34.87%), Carbohydrates: 29.61g (9.87%), Net Carbohydrates: 29.19g (10.61%), Sugar: 17.41g (19.34%), Cholesterol: 56.29mg (18.76%), Sodium: 164.25mg (7.14%), Alcohol: 0.06g (100%), Alcohol %: 0.11% (100%), Protein: 3.52g (7.03%), Selenium: 9.17µg (13.09%), Vitamin B2: 0.16mg (9.28%), Vitamin B1: 0.13mg (8.69%), Folate: 34.07µg (8.52%), Vitamin A: 348.97IU (6.98%), Manganese: 0.11mg (5.61%), Phosphorus: 55.46mg (5.55%), Iron: 0.92mg (5.09%), Vitamin B3: 0.95mg (4.74%), Calcium: 36.86mg (3.69%), Vitamin B5: 0.29mg (2.87%), Vitamin E: 0.32mg (2.16%), Vitamin B12: 0.12µg (2.05%), Zinc: 0.3mg (2.01%), Fiber: 0.42g (1.69%), Copper: 0.03mg (1.66%), Magnesium: 6.39mg (1.6%), Potassium: 54.26mg (1.55%), Vitamin B6: 0.03mg (1.52%), Vitamin D: 0.17µg (1.11%)