

Bitter Herb Cocktail



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



2 min.

SERVINGS



1

CALORIES



140 kcal

BEVERAGE

DRINK

Ingredients



0.5 oz bitter melon (not available KFP)



1 oz hendrick's gin (No. 209 brand is KFP)



1 serving sparkling wine

Equipment

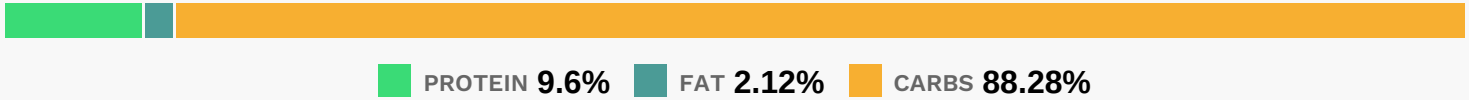
Directions



Save Recipe

- ☐ Print Recipe
- ☐ Bitter Herb Cocktail
- ☐ Ingredients1 oz. Gin (No. 209 brand is KFP)1/2 oz. Fernet Branca bitter herb liqueur (not available KFP)Sparkling wine
- ☐ Total Time: 2 Minutes
- ☐ Servings: 1 drink
- ☐ Kosher Key: Pareve

Nutrition Facts



Properties

Glycemic Index:15, Glycemic Load:0, Inflammation Score:-5, Nutrition Score:2.0347826390163%

Nutrients (% of daily need)

Calories: 140.42kcal (7.02%), Fat: 0.02g (0.04%), Saturated Fat: 0g (0%), Carbohydrates: 2.26g (0.75%), Net Carbohydrates: 1.86g (0.68%), Sugar: 1.7g (1.89%), Cholesterol: 0mg (0%), Sodium: 11.35mg (0.49%), Alcohol: 18.94g (100%), Alcohol %: 12.6% (100%), Protein: 0.25g (0.49%), Vitamin C: 11.91mg (14.43%), Potassium: 172.76mg (4.94%), Magnesium: 17.21mg (4.3%), Iron: 0.66mg (3.69%), Folate: 11.69µg (2.92%), Phosphorus: 27.73mg (2.77%), Vitamin B6: 0.04mg (1.8%), Zinc: 0.24mg (1.62%), Calcium: 16.01mg (1.6%), Fiber: 0.4g (1.59%), Copper: 0.03mg (1.35%), Vitamin A: 66.76IU (1.34%), Vitamin B2: 0.02mg (1.27%), Vitamin B3: 0.21mg (1.04%)