



Black-and-White Brownie Pops

READY IN



180 min.

SERVINGS



20

CALORIES



375 kcal

DESSERT

Ingredients

- 1 box brownie mix betty crocker® (1 lb 3.1 oz)
- 1 cup mint betty crocker®
- 1 large weight cream cheese white
- 12 oz candy melts white
- 20 you will also need: parchment paper
- 20 servings vegetable oil for on brownie mix box

Equipment

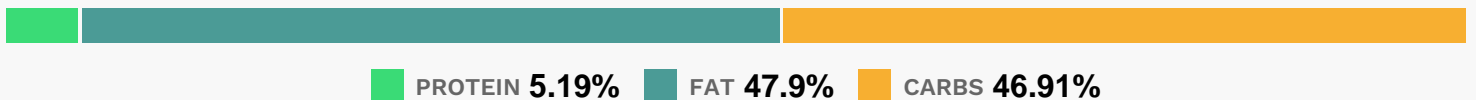
- bowl

- frying pan
- baking sheet
- oven
- lollipop sticks

Directions

- Heat oven to 350°F (325°F for dark or nonstick pan). Set aside frosting from brownie mix. Make and bake brownie mix as directed on box, using water, oil and egg. Cool completely.
- Line cookie sheet with waxed paper. Crumble cooled brownies into large bowl.
- Add reserved frosting; mix well. Shape mixture by tablespoonfuls into balls; place on cookie sheet. Freeze at least 15 minutes.
- Melt candy melts as directed on bag.
- Place sprinkles in small bowl.
- Remove several brownie balls from freezer at a time. Dip tip of 1 lollipop stick into melted candy and insert stick about halfway into 1 brownie ball.
- Gently swirl each brownie ball in melted candy until coated; tap off excess.
- Roll in sprinkles. Poke opposite end of stick into foam block.
- Let stand until set.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:4.4126087317%

Nutrients (% of daily need)

Calories: 374.63kcal (18.73%), Fat: 19.94g (30.68%), Saturated Fat: 5.18g (32.36%), Carbohydrates: 43.95g (14.65%), Net Carbohydrates: 43.6g (15.86%), Sugar: 25.14g (27.93%), Cholesterol: 3.07mg (1.02%), Sodium: 270.12mg (11.74%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 4.86g (9.72%), Vitamin K: 25.77µg (24.54%), Selenium: 5.91µg (8.45%), Iron: 1.38mg (7.66%), Vitamin E: 1.15mg (7.65%), Phosphorus: 74.49mg (7.45%), Vitamin B1: 0.1mg (6.88%), Manganese: 0.12mg (6.16%), Vitamin B2: 0.1mg (5.99%), Vitamin B3: 1.06mg (5.28%), Folate: 20.3µg (5.07%), Calcium: 48.59mg (4.86%), Zinc: 0.3mg (2.03%), Vitamin B12: 0.11µg (1.85%), Copper: 0.03mg

(1.6%), Magnesium: 6.29mg (1.57%), Fiber: 0.34g (1.37%), Potassium: 46.99mg (1.34%)