



Black and White Chunk Cookies

READY IN



50 min.

SERVINGS



36

CALORIES



154 kcal

DESSERT

Ingredients

- ☐ 4 oz baker's chocolate chopped
- ☐ 4 oz chocolate white chopped
- ☐ 1 teaspoon baking soda
- ☐ 0.8 cup brown sugar packed
- ☐ 0.5 cup butter softened
- ☐ 1 eggs
- ☐ 1.8 cups flour all-purpose
- ☐ 0.5 cup granulated sugar
- ☐ 1 cup pecans chopped

- ☐ 0.3 teaspoon salt
- ☐ 0.5 cup shortening
- ☐ 1.5 teaspoons vanilla

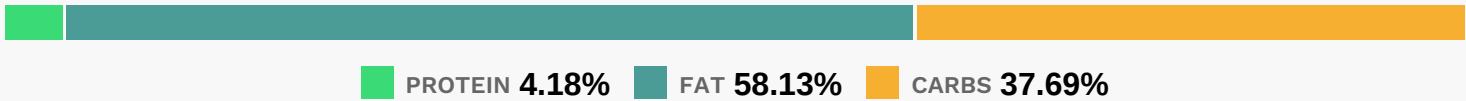
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven
- ☐ hand mixer

Directions

- ☐ Heat oven to 375F. In large bowl, beat brown sugar, granulated sugar, butter and shortening with electric mixer on medium speed until light and fluffy. Beat in vanilla and egg until well blended. On low speed, beat in flour, baking soda and salt until well blended. Stir in semisweet chocolate, white chocolate and pecans.
- ☐ On ungreased cookie sheets, drop dough by tablespoonfuls 2 inches apart.
- ☐ Bake 9 to 12 minutes or until light golden brown. Cool 1 minute; remove from cookie sheets to cooling racks.

Nutrition Facts



Properties

Glycemic Index:6.25, Glycemic Load:6.61, Inflammation Score:-2, Nutrition Score:3.283478282392%

Flavonoids

Cyanidin: 0.33mg, Cyanidin: 0.33mg, Cyanidin: 0.33mg, Cyanidin: 0.33mg Delphinidin: 0.22mg, Delphinidin: 0.22mg, Delphinidin: 0.22mg, Delphinidin: 0.22mg Catechin: 2.25mg, Catechin: 2.25mg, Catechin: 2.25mg, Catechin: 2.25mg Epigallocatechin: 0.17mg, Epigallocatechin: 0.17mg, Epigallocatechin: 0.17mg, Epigallocatechin: 0.17mg Epicatechin: 4.49mg, Epicatechin: 4.49mg, Epicatechin: 4.49mg, Epicatechin: 4.49mg Epigallocatechin 3-gallate: 0.07mg, Epigallocatechin 3-gallate: 0.07mg, Epigallocatechin 3-gallate: 0.07mg, Epigallocatechin 3-gallate: 0.07mg

Nutrients (% of daily need)

Calories: 153.98kcal (7.7%), Fat: 10.41g (16.01%), Saturated Fat: 3.1g (19.4%), Carbohydrates: 15.18g (5.06%), Net Carbohydrates: 14.2g (5.16%), Sugar: 9.27g (10.3%), Cholesterol: 5.21mg (1.74%), Sodium: 83.17mg (3.62%), Alcohol: 0.06g (100%), Alcohol %: 0.24% (100%), Protein: 1.68g (3.37%), Manganese: 0.31mg (15.65%), Copper: 0.15mg (7.61%), Iron: 0.97mg (5.4%), Vitamin B1: 0.08mg (5.05%), Selenium: 3.02µg (4.31%), Magnesium: 16.35mg (4.09%), Fiber: 0.98g (3.94%), Phosphorus: 36.43mg (3.64%), Zinc: 0.52mg (3.49%), Folate: 13.54µg (3.39%), Vitamin B2: 0.05mg (3.14%), Vitamin E: 0.37mg (2.49%), Vitamin A: 122.02IU (2.44%), Vitamin B3: 0.47mg (2.34%), Vitamin K: 2.23µg (2.13%), Potassium: 63.48mg (1.81%), Calcium: 18mg (1.8%), Vitamin B5: 0.12mg (1.24%)