



Black Cat Cut-out Cookies

 Vegetarian

READY IN



45 min.

SERVINGS



6

CALORIES



846 kcal

DESSERT

Ingredients

- ☐ 2 T cocoa powder
- ☐ 1 cup butter softened
- ☐ 3 T butter melted
- ☐ 1 eggs
- ☐ 2.5 cup flour all-purpose
- ☐ 1.5 t juice of lemon
- ☐ 3 T milk
- ☐ 2.3 c powdered sugar

- ☐ 0.7 cup sugar
- ☐ 6 servings sugar black
- ☐ 1 T vanilla extract
- ☐ 1 teaspoon vanilla extract

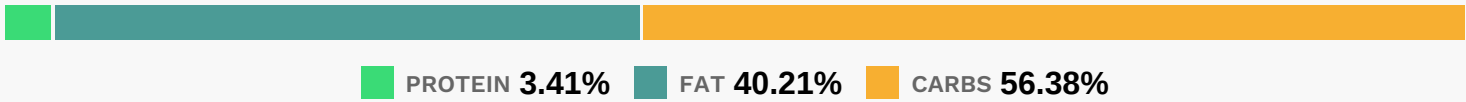
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven
- ☐ hand mixer
- ☐ cookie cutter

Directions

- ☐ Blend together butter and sugar; stir in egg and vanilla.
- ☐ Add flour; mix until well blended. Shape into ball; cover and chill 4 hours to overnight.
- ☐ Roll out dough 1/4-inch thick on a lightly floured surface; cut out with cat-shaped cookie cutters.
- ☐ Arrange cookies on lightly greased baking sheets; bake at 350 for 8 to 10 minutes, or until golden. Frost cookies with Chocolate Frosting when cool; if desired, sprinkle with black sanding sugar and add candy "eyes." Makes about 2 dozen.
- ☐ Combine all ingredients in a medium bowl. Beat with an electric mixer on low speed until smooth.

Nutrition Facts



Properties

Glycemic Index:58.86, Glycemic Load:52.79, Inflammation Score:-7, Nutrition Score:10.729565229105%

Flavonoids

Catechin: 1.17mg, Catechin: 1.17mg, Catechin: 1.17mg, Catechin: 1.17mg Epicatechin: 3.54mg, Epicatechin: 3.54mg, Epicatechin: 3.54mg, Epicatechin: 3.54mg Eriodictyol: 0.06mg, Eriodictyol: 0.06mg, Eriodictyol: 0.06mg, Eriodictyol: 0.06mg Hesperetin: 0.18mg, Hesperetin: 0.18mg, Hesperetin: 0.18mg, Hesperetin: 0.18mg Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg Quercetin: 0.18mg, Quercetin: 0.18mg, Quercetin: 0.18mg, Quercetin: 0.18mg

Nutrients (% of daily need)

Calories: 846.09kcal (42.3%), Fat: 38.25g (58.85%), Saturated Fat: 23.69g (148.07%), Carbohydrates: 120.66g (40.22%), Net Carbohydrates: 118.58g (43.12%), Sugar: 79.14g (87.93%), Cholesterol: 124.79mg (41.6%), Sodium: 305.11mg (13.27%), Alcohol: 0.97g (100%), Alcohol %: 0.63% (100%), Caffeine: 4.14mg (1.38%), Protein: 7.29g (14.58%), Selenium: 21.23µg (30.33%), Vitamin B1: 0.42mg (28.02%), Folate: 100.93µg (25.23%), Vitamin A: 1174.71IU (23.49%), Manganese: 0.44mg (21.82%), Vitamin B2: 0.34mg (19.92%), Iron: 2.85mg (15.85%), Vitamin B3: 3.16mg (15.8%), Phosphorus: 102.61mg (10.26%), Fiber: 2.08g (8.3%), Copper: 0.16mg (7.82%), Vitamin E: 1.16mg (7.72%), Magnesium: 23.53mg (5.88%), Zinc: 0.66mg (4.43%), Vitamin B5: 0.43mg (4.25%), Calcium: 35.41mg (3.54%), Potassium: 122.31mg (3.49%), Vitamin K: 3.39µg (3.23%), Vitamin B12: 0.18µg (3.04%), Vitamin B6: 0.04mg (2.24%), Vitamin D: 0.23µg (1.53%)