



Black Cats & Bats

READY IN



45 min.

SERVINGS



36

CALORIES



158 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 2.5 teaspoons double-acting baking powder
- ☐ 2 eggs beaten
- ☐ 3.3 cups flour all-purpose
- ☐ 4 teaspoons milk
- ☐ 0.5 teaspoon salt
- ☐ 0.7 cup shortening
- ☐ 1.5 cups sugar
- ☐ 36 servings garnish: sanding sugar green black
- ☐ 1 teaspoon vanilla extract

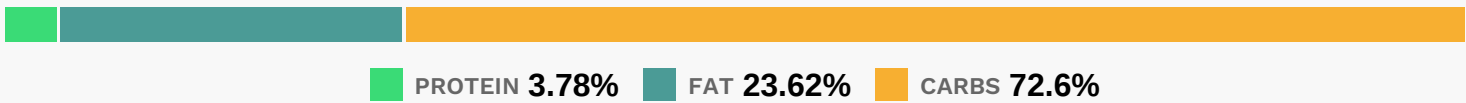
Equipment

- ☐ bowl
- ☐ oven
- ☐ plastic wrap
- ☐ cookie cutter

Directions

- ☐ In a large bowl, blend shortening and sugar; add eggs, vanilla and milk. In a separate bowl, mix remaining ingredients.
- ☐ Add flour mixture to shortening mixture; stir until well blended. Divide dough into 3 or 4 balls; wrap in plastic wrap and chill for at least one hour.
- ☐ Roll out dough 1/4-inch thick on a floured surface.
- ☐ Cut out shapes with cookie cutters.
- ☐ Transfer to ungreased baking sheats.
- ☐ Bake at 400 degrees for 7 to 9 minutes. Cool before frosting. Tint Powdered Sugar Frosting black; spread on cookies.
- ☐ Sprinkle with black sanding sugar while still wet.
- ☐ Add eyes with gren gel icing.

Nutrition Facts



Properties

Glycemic Index:9.59, Glycemic Load:20.66, Inflammation Score:-1, Nutrition Score:2.1313043534756%

Nutrients (% of daily need)

Calories: 158.27kcal (7.91%), Fat: 4.23g (6.5%), Saturated Fat: 1.05g (6.59%), Carbohydrates: 29.22g (9.74%), Net Carbohydrates: 28.91g (10.51%), Sugar: 20.37g (22.64%), Cholesterol: 9.16mg (3.05%), Sodium: 66.02mg (2.87%), Alcohol: 0.04g (100%), Alcohol %: 0.12% (100%), Protein: 1.52g (3.04%), Selenium: 4.81µg (6.87%), Vitamin B1: 0.09mg (6.19%), Folate: 22.33µg (5.58%), Vitamin B2: 0.07mg (4.3%), Manganese: 0.08mg (4.04%), Iron: 0.62mg (3.46%), Vitamin B3: 0.69mg (3.43%), Phosphorus: 23.99mg (2.4%), Calcium: 20.38mg (2.04%), Vitamin K: 2.06µg

(1.97%), Vitamin E: 0.27mg (1.77%), Fiber: 0.31g (1.25%), Vitamin B5: 0.12mg (1.16%)