



Black Cloud Cocktail

 Vegetarian  Dairy Free

READY IN



5 min.

SERVINGS



2

CALORIES



251 kcal

BEVERAGE

DRINK

Ingredients

- 2 peppermint sticks
- 2 licorice wheels
- 0.5 cup orange soda
- 1 cup orange juice
- 1 shot orange liqueur
- 2 shots vodka black

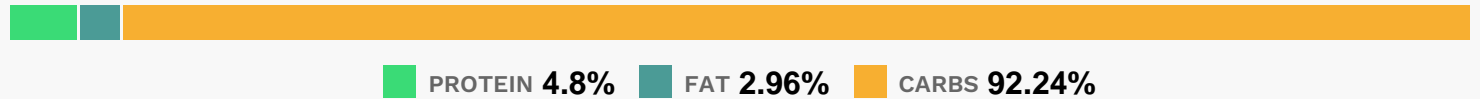
Equipment

- measuring cup

Directions

- In a small pitcher or 2 cup measuring cup combine the orange soda, orange juice and orange liqueur. Divide evenly between 2 martini glasses. Hold a teaspoon measure upside down over the glass, slowly pour a shot of black vodka on top of the orange juice mixture so that it floats on top, creating a layered effect. Repeat with second drink.
- Garnish with a peppermint stick and/or a licorice wheel.

Nutrition Facts



Properties

Glycemic Index:70.75, Glycemic Load:8.39, Inflammation Score:-7, Nutrition Score:7.9860869542412%

Flavonoids

Eriodictyol: 0.21mg, Eriodictyol: 0.21mg, Eriodictyol: 0.21mg, Eriodictyol: 0.21mg Hesperetin: 27.08mg, Hesperetin: 27.08mg, Hesperetin: 27.08mg, Hesperetin: 27.08mg Naringenin: 9.55mg, Naringenin: 9.55mg, Naringenin: 9.55mg, Naringenin: 9.55mg Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg Kaempferol: 0.07mg, Kaempferol: 0.07mg, Kaempferol: 0.07mg, Kaempferol: 0.07mg Myricetin: 0.13mg, Myricetin: 0.13mg, Myricetin: 0.13mg, Myricetin: 0.13mg Quercetin: 0.53mg, Quercetin: 0.53mg, Quercetin: 0.53mg, Quercetin: 0.53mg

Nutrients (% of daily need)

Calories: 251.24kcal (12.56%), Fat: 0.37g (0.58%), Saturated Fat: 0.06g (0.38%), Carbohydrates: 26.26g (8.75%), Net Carbohydrates: 24.87g (9.04%), Sugar: 22.16g (24.62%), Cholesterol: 0mg (0%), Sodium: 7.14mg (0.31%), Alcohol: 20.54g (100%), Alcohol %: 10.83% (100%), Caffeine: 5.72mg (1.91%), Protein: 1.37g (2.73%), Vitamin C: 86.06mg (104.32%), Folate: 52.14µg (13.03%), Vitamin B1: 0.15mg (10.31%), Potassium: 346.89mg (9.91%), Vitamin A: 367.21IU (7.34%), Fiber: 1.39g (5.57%), Magnesium: 19.24mg (4.81%), Copper: 0.09mg (4.47%), Vitamin B6: 0.08mg (3.98%), Vitamin B2: 0.06mg (3.72%), Vitamin B5: 0.36mg (3.58%), Calcium: 33.46mg (3.35%), Vitamin B3: 0.67mg (3.34%), Phosphorus: 31.88mg (3.19%), Manganese: 0.04mg (1.82%), Iron: 0.32mg (1.77%), Vitamin K: 1.3µg (1.23%)