



Black Hills Gold



Gluten Free



Dairy Free

READY IN



23 min.

SERVINGS



1

CALORIES



169 kcal

BEVERAGE

DRINK

Ingredients

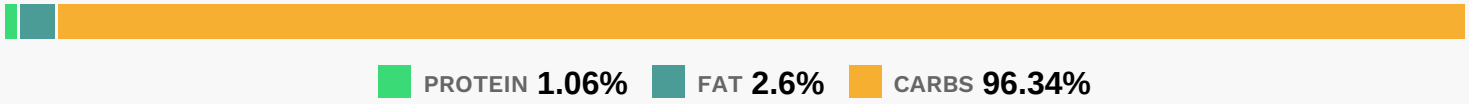
- ☐ 0.5 ounce amaretto
- ☐ 1 Dash angostura bitters
- ☐ 1 ounce apple cider
- ☐ 1 ounce pear liqueur
- ☐ 1 serving star anise
- ☐ 1 ginger tea bags such as yogi ginger

Equipment

Directions

- ☐ Brew ginger tea according to teabag directions and let cool.
- ☐ Combine Xante pear liqueur, apple cider, 1/2 ounce ginger tea, and bitters in a cocktail glass or Champagne flute. Stir to mix. Top with cava and garnish with a star anise pod.

Nutrition Facts



Properties

Glycemic Index:45.75, Glycemic Load:1.3, Inflammation Score:-1, Nutrition Score:0.60086956401558%

Flavonoids

Cyanidin: 0.01mg, Cyanidin: 0.01mg, Cyanidin: 0.01mg, Cyanidin: 0.01mg Catechin: 0.35mg, Catechin: 0.35mg, Catechin: 0.35mg, Catechin: 0.35mg Epicatechin: 1.34mg, Epicatechin: 1.34mg, Epicatechin: 1.34mg, Epicatechin: 1.34mg Quercetin: 0.16mg, Quercetin: 0.16mg, Quercetin: 0.16mg, Quercetin: 0.16mg

Nutrients (% of daily need)

Calories: 169.11kcal (8.46%), Fat: 0.24g (0.37%), Saturated Fat: 0.03g (0.17%), Carbohydrates: 19.87g (6.62%), Net Carbohydrates: 19.66g (7.15%), Sugar: 18.46g (20.51%), Cholesterol: 0mg (0%), Sodium: 2.43mg (0.11%), Alcohol: 15.57g (100%), Alcohol %: 25.68% (100%), Caffeine: 3.69mg (1.23%), Protein: 0.22g (0.44%), Manganese: 0.05mg (2.32%), Iron: 0.41mg (2.29%), Potassium: 47.3mg (1.35%)