



Black Russian Cake II

READY IN



65 min.

SERVINGS



10

CALORIES



511 kcal

DESSERT

Ingredients

- 16 ounce chocolate fudge frosting
- 1 tablespoon rum / brandy / coffee liqueur flavored
- 4 eggs beaten
- 2.5 teaspoons ground cinnamon
- 0.3 teaspoon ground cloves
- 3.9 ounce chocolate pudding mix instant
- 1 tablespoon coffee powder instant
- 0.3 cup vegetable oil
- 1 teaspoon vodka

- 1.3 cups water
- 18.3 ounce duncan hines classic decadent cake mix yellow

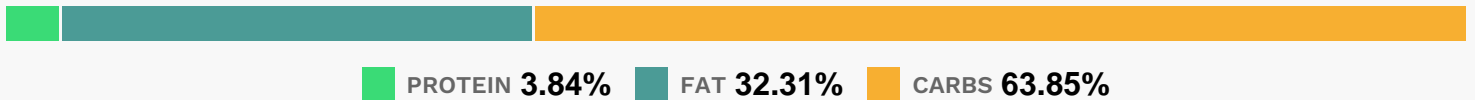
Equipment

- frying pan
- oven
- toothpicks
- kugelhopf pan

Directions

- Preheat oven to 350 degrees F (175 degrees C). Grease and flour a 10 inch Bundt pan.
- Beat together the cake mix, water, vegetable oil, instant pudding mix, cinnamon, cloves, instant coffee and eggs until blended.
- Pour into prepared pan and bake for 45 minutes, or until a toothpick inserted in the center comes out clean. Cool before frosting.
- Mix together the frosting, coffee liqueur and vodka until blended.
- Spread onto cooled cake.

Nutrition Facts



Properties

Glycemic Index:2, Glycemic Load:0.01, Inflammation Score:-2, Nutrition Score:8.4717391063662%

Nutrients (% of daily need)

Calories: 511.11kcal (25.56%), Fat: 18.59g (28.6%), Saturated Fat: 5.1g (31.89%), Carbohydrates: 82.66g (27.55%), Net Carbohydrates: 80.95g (29.44%), Sugar: 56.85g (63.17%), Cholesterol: 65.47mg (21.82%), Sodium: 644.62mg (28.03%), Alcohol: 0.49g (100%), Alcohol %: 0.38% (100%), Caffeine: 17.38mg (5.79%), Protein: 4.97g (9.94%), Phosphorus: 240.94mg (24.09%), Manganese: 0.38mg (18.96%), Vitamin K: 15.32µg (14.59%), Vitamin E: 1.99mg (13.24%), Calcium: 130.9mg (13.09%), Vitamin B2: 0.21mg (12.62%), Iron: 2.24mg (12.46%), Folate: 44.28µg (11.07%), Selenium: 7.68µg (10.97%), Copper: 0.19mg (9.36%), Vitamin B1: 0.13mg (8.92%), Vitamin B3: 1.44mg (7.2%), Fiber: 1.71g (6.84%), Magnesium: 24.15mg (6.04%), Potassium: 183.97mg (5.26%), Vitamin B5: 0.48mg (4.76%), Zinc: 0.58mg (3.88%), Vitamin B6: 0.07mg (3.72%), Vitamin B12: 0.21µg (3.47%), Vitamin D: 0.35µg (2.35%), Vitamin A:

97.05IU (1.94%)