

Black Star Cocktail from Mayahuel

 Vegetarian  Vegan  Dairy Free

READY IN



1440 min.

SERVINGS



1

CALORIES



1800 kcal

BEVERAGE

DRINK

Ingredients

- 1 serving spiced apple butter
- 1 ounce bourbon such as buffalo trace
- 0.3 ounce cinnamon
- 0.8 ounce cinnamon sticks whole
- 0.3 ounce ginger
- 0.3 cup ginger fresh
- 0.8 ounce juice of lemon fresh
- 2 cups caster sugar white

- 1 ounce tequila
- 2 cups water

Equipment

- pot

Directions

- Mix ginger juice and sugar together, stirring briskly until sugar is dissolved. Ginger syrup can be kept in a sealed container in the refrigerator for up to 3 days.
- For the cinnamon bark syrup: Crush or muddle cinnamon into pieces.
- Add cinnamon, water, and sugar to a pot and bring to a boil, stirring frequently. Once the cinnamon mixture begins to boil, lower heat and let simmer for 10 minutes.
- Remove from heat and cover.
- Let sit overnight, then strain and store in a resealable container in the fridge. Cinnamon syrup can be kept in the refrigerator for up to 1 week.
- Add tequila, bourbon, lemon juice, cinnamon bark syrup, ginger syrup, and apple butter to a shaker. Fill cocktail shaker with ice.
- Shake vigorously for 20 seconds, making sure that apple butter is broken up and blended. Strain into an ice-filled highball glass.
- Garnish with apple slice.

Nutrition Facts

 PROTEIN **0.42%**  FAT **1%**  CARBS **98.58%**

Properties

Glycemic Index:140.09, Glycemic Load:280.37, Inflammation Score:-3, Nutrition Score:13.350869598596%

Flavonoids

Eriodictyol: 1.04mg, Eriodictyol: 1.04mg, Eriodictyol: 1.04mg, Eriodictyol: 1.04mg Hesperetin: 3.08mg, Hesperetin: 3.08mg, Hesperetin: 3.08mg, Hesperetin: 3.08mg Naringenin: 0.29mg, Naringenin: 0.29mg, Naringenin: 0.29mg, Naringenin: 0.29mg Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

Nutrients (% of daily need)

Calories: 1799.96kcal (90%), Fat: 1.97g (3.03%), Saturated Fat: 0.18g (1.12%), Carbohydrates: 435.46g (145.15%), Net Carbohydrates: 419.47g (152.53%), Sugar: 406.88g (452.09%), Cholesterol: 0mg (0%), Sodium: 37.86mg (1.65%), Alcohol: 18.94g (100%), Alcohol %: 2.34% (100%), Protein: 1.84g (3.68%), Manganese: 5.11mg (255.25%), Fiber: 15.99g (63.98%), Calcium: 310.89mg (31.09%), Iron: 2.84mg (15.76%), Copper: 0.3mg (14.95%), Vitamin C: 10.96mg (13.29%), Magnesium: 37.06mg (9.27%), Vitamin K: 9.03µg (8.6%), Potassium: 297.7mg (8.51%), Vitamin B2: 0.11mg (6.29%), Vitamin B6: 0.11mg (5.56%), Vitamin E: 0.78mg (5.19%), Selenium: 3.59µg (5.12%), Zinc: 0.76mg (5.04%), Phosphorus: 34.04mg (3.4%), Vitamin B3: 0.65mg (3.25%), Folate: 9.54µg (2.39%), Vitamin B5: 0.2mg (2.01%), Vitamin A: 88.65IU (1.77%), Vitamin B1: 0.02mg (1.6%)