



Black & Whites

READY IN



165 min.

SERVINGS



45

CALORIES



99 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 0.5 cup butter divided softened
- 0.5 tsp calumet baking powder and baking soda
- 0.5 cup knudsen cream sour
- 4 oz philadelphia cream cheese softened ()
- 1 eggs
- 1.5 cups flour
- 0.8 cup granulated sugar
- 2 cups powdered sugar
- 0.3 tsp salt

- 3 oz baker's semi-sweet chocolate
- 1 tsp vanilla divided
- 1.5 cups cool whip whipped topping () (Do not thaw.)

Equipment

- bowl
- baking sheet
- oven
- blender
- microwave

Directions

- Heat oven to 375F.
- Mix flour, baking powder, soda and salt. Beat 1/2 cup butter and granulated sugar in large bowl of mixer until light and fluffy. Blend in egg, sour cream and 1/2 tsp. vanilla. Gradually beat in flour mixture.
- Drop heaping tablespoonfuls of dough, 2 inches apart, onto baking sheets sprayed with cooking spray.
- Bake 10 min. or until edges are golden brown. Cool on baking sheets 2 min.
- Remove to wire racks; cool completely.
- Microwave COOL WHIP and chocolate in medium microwaveable bowl on HIGH 1-1/2 to 2 min. or until chocolate is completely melted and mixture is well blended, stirring after each minute.
- Let stand 15 min. to thicken to spreading consistency.
- Beat cream cheese, remaining butter and vanilla in small bowl with mixer until well blended. Gradually beat in powdered sugar.
- Spread onto half of each cookie; spread chocolate frosting onto remaining cookie halves.
- Let stand 2 hours or until frostings are firm.

Nutrition Facts



■ PROTEIN 3.93% ■ FAT 41.37% ■ CARBS 54.7%

Properties

Glycemic Index:6.98, Glycemic Load:4.68, Inflammation Score:-1, Nutrition Score:1.3256521768382%

Nutrients (% of daily need)

Calories: 98.95kcal (4.95%), Fat: 4.6g (7.08%), Saturated Fat: 2.8g (17.5%), Carbohydrates: 13.7g (4.57%), Net Carbohydrates: 13.43g (4.88%), Sugar: 10.04g (11.15%), Cholesterol: 13.28mg (4.43%), Sodium: 47.34mg (2.06%), Alcohol: 0.03g (100%), Alcohol %: 0.16% (100%), Protein: 0.98g (1.97%), Selenium: 2.32µg (3.31%), Manganese: 0.05mg (2.74%), Vitamin A: 120.87IU (2.42%), Vitamin B2: 0.04mg (2.41%), Vitamin B1: 0.04mg (2.36%), Folate: 8.62µg (2.15%), Phosphorus: 19.67mg (1.97%), Iron: 0.35mg (1.94%), Copper: 0.03mg (1.61%), Vitamin B3: 0.27mg (1.36%), Calcium: 13.12mg (1.31%), Magnesium: 5.09mg (1.27%), Fiber: 0.26g (1.06%)