



Black Widow Martini



Gluten Free



Dairy Free



Popular



Low Fod Map

READY IN



10 min.

SERVINGS



1

CALORIES



218 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 1.5 oz rum black
- ☐ 0.8 oz creme de cacao liqueur
- ☐ 1 cup ice cubes
- ☐ 1 serving purple gel food coloring black
- ☐ 1 tablespoon brown sugar

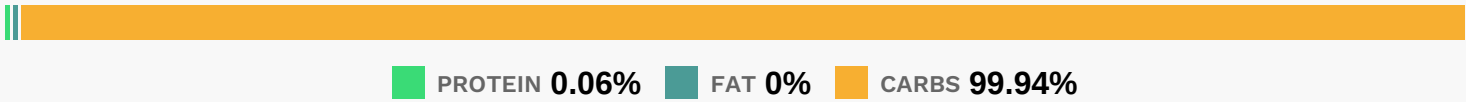
Equipment

- ☐ bowl

Directions

- ☐ Add black rum, crème de cacao, ice and 1 or 2 drops black food color to a martini shaker.
- ☐ In small bowl, add brown sugar and 1 drop black food color.
- ☐ Mix with fork until all sugar is black. Wet rim of martini glass with water. Dip rim into sugar.
- ☐ Strain martini into glass, and serve.

Nutrition Facts



Properties

Glycemic Index:15, Glycemic Load:0, Inflammation Score:-2, Nutrition Score:0.37217390950283%

Nutrients (% of daily need)

Calories: 217.61kcal (10.88%), Fat: 0g (0%), Saturated Fat: 0g (0%), Carbohydrates: 23.04g (7.68%), Net Carbohydrates: 23.04g (8.38%), Sugar: 17.7g (19.67%), Cholesterol: 0mg (0%), Sodium: 15.61mg (0.68%), Alcohol: 18.24g (100%), Alcohol %: 7.38% (100%), Protein: 0.01g (0.03%), Copper: 0.05mg (2.62%), Calcium: 17.06mg (1.71%)