



Blood Orange Margarita

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



145 kcal

BEVERAGE

DRINK

Ingredients

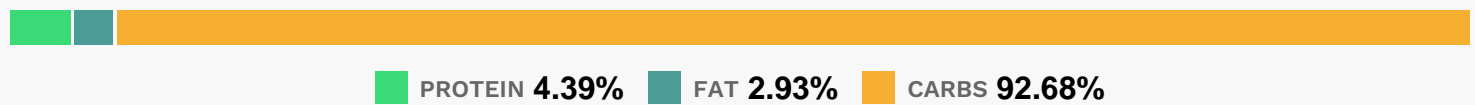
- 1 ounce blood orange juice freshly squeezed
- 1 serving ice cubes
- 1 serving kosher salt for rimming the glass
- 1 ounce juice of lime freshly squeezed
- 1 lime wedges
- 0.3 ounce orange liqueur
- 1.5 ounces tequila (blanco)

Equipment

Directions

- Pour enough salt on a small plate to just cover it. Rub the lime wedge on the outside rim of a cocktail glass; set the lime aside. Holding the glass at a 45-degree angle, dip the rim in the salt, rotating the glass until the entire rim is coated. (Avoid getting any salt inside the glass.) Set the glass aside.
- Place the remaining measured ingredients in a cocktail shaker. Fill the shaker halfway with ice and shake vigorously until the outside is frosty, about 20 seconds. Strain into the prepared glass and garnish with the reserved lime wedge.

Nutrition Facts



Properties

Glycemic Index:99, Glycemic Load:1.95, Inflammation Score:-4, Nutrition Score:2.760869577527%

Flavonoids

Eriodictyol: 0.67mg, Eriodictyol: 0.67mg, Eriodictyol: 0.67mg, Eriodictyol: 0.67mg Hesperetin: 13.67mg, Hesperetin: 13.67mg, Hesperetin: 13.67mg, Hesperetin: 13.67mg Naringenin: 1.33mg, Naringenin: 1.33mg, Naringenin: 1.33mg, Naringenin: 1.33mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.29mg, Quercetin: 0.29mg, Quercetin: 0.29mg, Quercetin: 0.29mg

Nutrients (% of daily need)

Calories: 145.3kcal (7.27%), Fat: 0.13g (0.21%), Saturated Fat: 0.02g (0.13%), Carbohydrates: 9.51g (3.17%), Net Carbohydrates: 8.83g (3.21%), Sugar: 5.45g (6.05%), Cholesterol: 0mg (0%), Sodium: 198.79mg (8.64%), Alcohol: 16.05g (100%), Alcohol %: 11.25% (100%), Protein: 0.45g (0.9%), Vitamin C: 27.92mg (33.84%), Folate: 12.78µg (3.19%), Potassium: 111.24mg (3.18%), Vitamin B1: 0.04mg (2.72%), Fiber: 0.67g (2.7%), Copper: 0.05mg (2.64%), Magnesium: 7.24mg (1.81%), Vitamin A: 79.87IU (1.6%), Vitamin B6: 0.03mg (1.51%), Calcium: 14.9mg (1.49%), Phosphorus: 14.15mg (1.42%), Vitamin B5: 0.13mg (1.28%), Iron: 0.21mg (1.18%), Vitamin B2: 0.02mg (1.11%), Vitamin B3: 0.21mg (1.03%)