

Bloody Mary Martinis



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



4

CALORIES



309 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 20 peppercorns black
- ☐ 0.5 teaspoon celery salt
- ☐ 4 celery stalks
- ☐ 1 medium piece horseradish fresh julienned peeled
- ☐ 5 cups tomatoes ripe chopped
- ☐ 1 pint vodka leftover (there will be vodka)

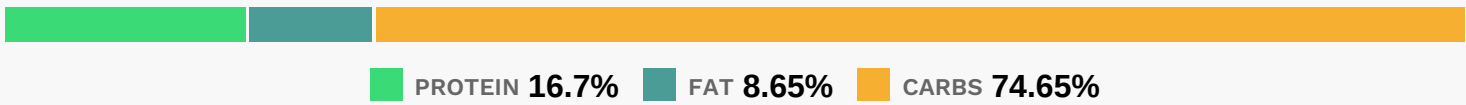
Equipment

- ☐ sieve

Directions

- ☐ Place horseradish and peppercorns in vodka bottle; seal; chill at least 24 hours. Purée tomatoes; drain with fine-mesh sieve; discard pulp.
- ☐ Add celery salt. Fill a shaker with ice; add 2 oz vodka (not peppercorns or horseradish), 1 oz tomato puree; shake. Strain into martini glass.
- ☐ Garnish with celery stalk.
- ☐ Self

Nutrition Facts



Properties

Glycemic Index:29.25, Glycemic Load:1.98, Inflammation Score:-9, Nutrition Score:7.7104347761235%

Flavonoids

Naringenin: 1.27mg, Naringenin: 1.27mg, Naringenin: 1.27mg, Naringenin: 1.27mg Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg Kaempferol: 0.18mg, Kaempferol: 0.18mg, Kaempferol: 0.18mg, Kaempferol: 0.18mg Myricetin: 0.24mg, Myricetin: 0.24mg, Myricetin: 0.24mg, Myricetin: 0.24mg Quercetin: 1.1mg, Quercetin: 1.1mg, Quercetin: 1.1mg, Quercetin: 1.1mg

Nutrients (% of daily need)

Calories: 308.6kcal (15.43%), Fat: 0.4g (0.61%), Saturated Fat: 0.06g (0.38%), Carbohydrates: 7.68g (2.56%), Net Carbohydrates: 5.26g (1.91%), Sugar: 4.96g (5.51%), Cholesterol: 0mg (0%), Sodium: 304.48mg (13.24%), Alcohol: 39.51g (100%), Alcohol %: 16.15% (100%), Protein: 1.72g (3.44%), Vitamin A: 1572.16IU (31.44%), Vitamin C: 25.64mg (31.08%), Vitamin K: 16.7µg (15.91%), Manganese: 0.28mg (14.05%), Potassium: 459.7mg (13.13%), Fiber: 2.43g (9.7%), Vitamin B6: 0.15mg (7.67%), Folate: 29.46µg (7.37%), Vitamin E: 1.02mg (6.81%), Copper: 0.13mg (6.5%), Vitamin B3: 1.12mg (5.62%), Magnesium: 21.79mg (5.45%), Phosphorus: 52.36mg (5.24%), Vitamin B1: 0.08mg (5.08%), Iron: 0.57mg (3.19%), Vitamin B2: 0.05mg (2.76%), Calcium: 22.62mg (2.26%), Zinc: 0.33mg (2.19%), Vitamin B5: 0.18mg (1.83%)