



Bloody Mary Oyster Shooters



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



10

CALORIES



18 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 1 tablespoon horseradish prepared
- ☐ 2 teaspoons juice of lemon fresh
- ☐ 10 live oysters in shell
- ☐ 0.1 teaspoon salt
- ☐ 1 cup vegetable juice (such as V-8)
- ☐ 3 tablespoons vodka
- ☐ 1 tablespoon worcestershire sauce

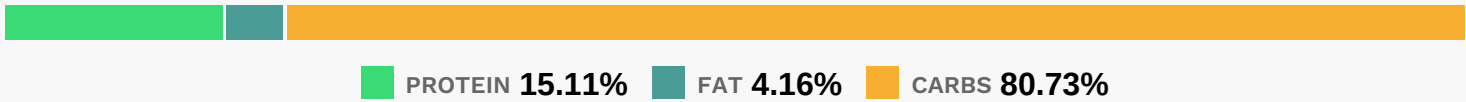
Equipment

- ☐ knife
- ☐ measuring cup

Directions

- ☐ Scrub oysters thoroughly, and rinse under cold running water until all grit is removed. Shuck oysters (leaving the meat on the half shells); carefully cut the foot of each oyster with the shucking knife.
- ☐ Combine vegetable juice and next 5 ingredients (through salt) in a liquid measuring cup. Stir in hot sauce, if desired. Fill each of 10 shot glasses with 2 1/2 tablespoons juice mixture.
- ☐ Place the meat from one oyster in each glass. Discard shells.

Nutrition Facts



Properties

Glycemic Index:9.3, Glycemic Load:0.39, Inflammation Score:-2, Nutrition Score:1.2786956403566%

Flavonoids

Eriodictyol: 0.05mg, Eriodictyol: 0.05mg, Eriodictyol: 0.05mg, Eriodictyol: 0.05mg Hesperetin: 0.14mg, Hesperetin: 0.14mg, Hesperetin: 0.14mg, Hesperetin: 0.14mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg

Nutrients (% of daily need)

Calories: 18.44kcal (0.92%), Fat: 0.04g (0.06%), Saturated Fat: 0.01g (0.05%), Carbohydrates: 1.6g (0.53%), Net Carbohydrates: 1.35g (0.49%), Sugar: 1.12g (1.24%), Cholesterol: 0.56mg (0.19%), Sodium: 100.58mg (4.37%), Alcohol: 1.5g (100%), Alcohol %: 5.54% (100%), Protein: 0.3g (0.6%), Vitamin C: 8.14mg (9.87%), Vitamin A: 201.21IU (4.02%), Zinc: 0.57mg (3.78%), Copper: 0.04mg (2.25%), Vitamin B12: 0.12µg (2.04%), Potassium: 67.26mg (1.92%), Iron: 0.23mg (1.31%)