



Bloody Mary Shrimp Cocktail



Gluten Free



Dairy Free

READY IN



10 min.

SERVINGS



4

CALORIES



216 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 28 ounce canned tomatoes chunky style crushed canned
- ☐ 2 ribs celery finely chopped
- ☐ 1 teaspoon ground pepper black
- ☐ 2 tablespoons horseradish
- ☐ 2 teaspoons hot sauce
- ☐ 1 juice of lemon juiced for garnish
- ☐ 16 jumbo shrimp cleaned cooked
- ☐ 4 servings salt

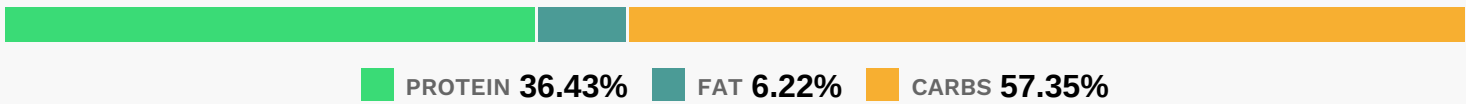
- ☐ 4 shots vodka ice cold
- ☐ 2 tablespoons worcestershire

Equipment

Directions

- ☐ Squeeze half of the lemon over the shrimp and sprinkle them with a little salt.
- ☐ Mix together the remaining lemon juice, tomatoes, horseradish, Worcestershire, hot sauce, celery, vodka and pepper in a small pitcher. When ready to serve, pour the sauce into martini glasses. Hook the shrimp, 4 per glass, around edges. Make garnish wedges of lemons to hook on the edges of the glasses and serve.
- ☐ TIP: Chill some martini glasses in your freezer the morning of your dinner club party to serve these cocktails.

Nutrition Facts



Properties

Glycemic Index:44.38, Glycemic Load:4.5, Inflammation Score:-7, Nutrition Score:13.309565181318%

Flavonoids

Eriodictyol: 0.96mg, Eriodictyol: 0.96mg, Eriodictyol: 0.96mg, Eriodictyol: 0.96mg Hesperetin: 1.26mg, Hesperetin: 1.26mg, Hesperetin: 1.26mg Hesperetin: 1.26mg Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg Apigenin: 0.57mg, Apigenin: 0.57mg, Apigenin: 0.57mg, Apigenin: 0.57mg Luteolin: 0.3mg, Luteolin: 0.3mg, Luteolin: 0.3mg Luteolin: 0.3mg Kaempferol: 0.05mg, Kaempferol: 0.05mg, Kaempferol: 0.05mg, Kaempferol: 0.05mg Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg Quercetin: 0.13mg, Quercetin: 0.13mg, Quercetin: 0.13mg, Quercetin: 0.13mg

Nutrients (% of daily need)

Calories: 215.7kcal (10.79%), Fat: 0.88g (1.36%), Saturated Fat: 0.14g (0.9%), Carbohydrates: 18.31g (6.1%), Net Carbohydrates: 13.72g (4.99%), Sugar: 10.59g (11.77%), Cholesterol: 64.4mg (21.47%), Sodium: 714.83mg (31.08%), Alcohol: 14.82g (100%), Alcohol %: 5.75% (100%), Protein: 11.63g (23.27%), Vitamin C: 25.73mg (31.19%), Copper: 0.56mg (28.07%), Potassium: 841.72mg (24.05%), Manganese: 0.47mg (23.65%), Iron: 3.4mg (18.89%), Fiber: 4.6g (18.39%), Vitamin E: 2.56mg (17.04%), Vitamin K: 17.43µg (16.6%), Phosphorus: 165.28mg (16.53%), Vitamin B6: 0.33mg (16.31%), Magnesium: 60.34mg (15.08%), Vitamin B3: 2.59mg (12.96%), Calcium: 118.03mg (11.8%), Vitamin B1: 0.16mg (10.99%), Vitamin A: 530.29IU (10.61%), Folate: 38.65µg (9.66%), Zinc: 1.19mg (7.92%), Vitamin B2:

0.13mg (7.88%), Vitamin B5: 0.63mg (6.26%), Selenium: 1.57µg (2.24%)