



Bloody Mary Soup Shots with Shrimp and Pickled Vegetables

 Gluten Free  Dairy Free

READY IN



45 min.

SERVINGS



8

CALORIES



68 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 28 ounce frangelico canned
- ☐ 0.5 teaspoon celery salt
- ☐ 2 spring onion chopped
- ☐ 1 tablespoon horseradish prepared
- ☐ 2 tablespoons juice of lemon fresh divided
- ☐ 0.5 cup chicken broth ()
- ☐ 8 servings green beans (such as carrots, celery, green beans, and olives)

- ☐ 32 medium shrimp deveined cooked peeled
- ☐ 2 tablespoons vodka
- ☐ 2 tablespoons worcestershire sauce

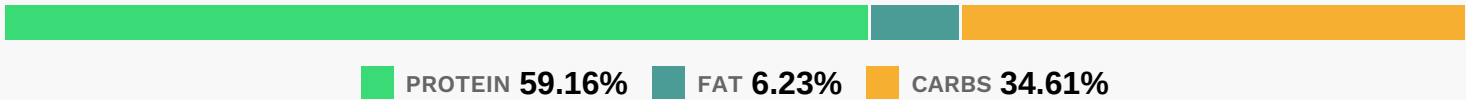
Equipment

- ☐ bowl
- ☐ blender
- ☐ toothpicks
- ☐ skewers

Directions

- ☐ Toss shrimp with 1 tablespoon lemon juice in large bowl. Thread 1 shrimp and 1 vegetable on toothpick. Repeat with remaining shrimp and vegetables. Cover and refrigerate until ready to serve.
- ☐ Place tomatoes with juice, green onions, 1/2 cup broth, Worcestershire sauce, vodka, horseradish, celery salt, and remaining 1 tablespoon lemon juice in blender. Cover; blend until smooth. If mixture is too thick, thin with additional broth by tablespoonfuls. Season Bloody Mary mixture to taste with salt and pepper.
- ☐ Transfer to pitcher. DO AHEAD: Skewers and soup can be made 1 day ahead. Cover and chill.
- ☐ Pour Bloody Mary mixture into shot glasses or small glasses.
- ☐ Garnish each with shrimp-vegetable skewer.
- ☐ Serve remaining Bloody Mary mixture and shrimp-vegetable skewers alongside.

Nutrition Facts



Properties

Glycemic Index:16, Glycemic Load:1.18, Inflammation Score:-6, Nutrition Score:6.1230434697607%

Flavonoids

Eriodictyol: 0.18mg, Eriodictyol: 0.18mg, Eriodictyol: 0.18mg, Eriodictyol: 0.18mg Hesperetin: 0.54mg, Hesperetin: 0.54mg, Hesperetin: 0.54mg, Hesperetin: 0.54mg Naringenin: 0.05mg, Naringenin: 0.05mg, Naringenin: 0.05mg, Naringenin: 0.05mg Luteolin: 0.07mg, Luteolin: 0.07mg, Luteolin: 0.07mg, Luteolin: 0.07mg Kaempferol: 0.29mg, Kaempferol: 0.29mg, Kaempferol: 0.29mg, Kaempferol: 0.29mg Myricetin: 0.07mg, Myricetin: 0.07mg, Myricetin: 0.07mg, Myricetin: 0.07mg Quercetin: 1.84mg, Quercetin: 1.84mg, Quercetin: 1.84mg, Quercetin: 1.84mg

Nutrients (% of daily need)

Calories: 68.03kcal (3.4%), Fat: 0.44g (0.68%), Saturated Fat: 0.1g (0.62%), Carbohydrates: 5.52g (1.84%), Net Carbohydrates: 3.88g (1.41%), Sugar: 2.55g (2.83%), Cholesterol: 64.4mg (21.47%), Sodium: 264.35mg (11.49%), Alcohol: 1.25g (100%), Alcohol %: 0.7% (100%), Protein: 9.43g (18.86%), Vitamin K: 29.93µg (28.5%), Vitamin C: 9.74mg (11.81%), Phosphorus: 115.65mg (11.57%), Copper: 0.22mg (10.75%), Vitamin A: 413.03IU (8.26%), Potassium: 285.16mg (8.15%), Magnesium: 29.78mg (7.45%), Manganese: 0.14mg (7%), Fiber: 1.64g (6.54%), Iron: 1.09mg (6.04%), Folate: 22.23µg (5.56%), Calcium: 54.61mg (5.46%), Zinc: 0.72mg (4.8%), Vitamin B6: 0.08mg (4.2%), Vitamin B2: 0.07mg (4.17%), Vitamin B1: 0.05mg (3.4%), Vitamin B3: 0.66mg (3.31%), Vitamin E: 0.25mg (1.67%), Vitamin B5: 0.13mg (1.33%)