



Blue Xmas Margaritas



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



8

CALORIES



332 kcal

BEVERAGE

DRINK

Ingredients

- 10 ounce curacao blue
- 2 cups fresh-squeezed lime juice
- 10 ounce fresh-squeezed orange juice
- 0.8 cup sugar
- 2 cups tequila
- 1 cup water

Equipment

- sauce pan

Directions

- Bring water and sugar to a boil in a small saucepan over medium-high heat until sugar dissolves; cool.
- Stir tequila, juices, syrup, and blue curacao in a large pitcher with ice; garnish with orange slices.
- Serve straight up or over ice in glasses rimmed with salt.

Nutrition Facts

PROTEIN 1.35% **FAT 1.05%** **CARBS 97.6%**

Properties

Glycemic Index:17.14, Glycemic Load:14.97, Inflammation Score:-5, Nutrition Score:3.3365217214045%

Flavonoids

Eriodictyol: 1.39mg, Eriodictyol: 1.39mg, Eriodictyol: 1.39mg, Eriodictyol: 1.39mg Hesperetin: 9.66mg, Hesperetin: 9.66mg, Hesperetin: 9.66mg, Hesperetin: 9.66mg Naringenin: 0.99mg, Naringenin: 0.99mg, Naringenin: 0.99mg, Naringenin: 0.99mg Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg Quercetin: 0.4mg, Quercetin: 0.4mg, Quercetin: 0.4mg, Quercetin: 0.4mg

Nutrients (% of daily need)

Calories: 331.86kcal (16.59%), Fat: 0.17g (0.27%), Saturated Fat: 0.01g (0.08%), Carbohydrates: 36.2g (12.07%), Net Carbohydrates: 35.89g (13.05%), Sugar: 28.96g (32.18%), Cholesterol: 0mg (0%), Sodium: 3.83mg (0.17%), Alcohol: 30.66g (100%), Alcohol %: 16.21% (100%), Protein: 0.5g (1%), Vitamin C: 35.87mg (43.48%), Folate: 16.68µg (4.17%), Potassium: 143.23mg (4.09%), Vitamin B1: 0.05mg (3.37%), Copper: 0.05mg (2.53%), Magnesium: 9.03mg (2.26%), Vitamin A: 101.12IU (2.02%), Vitamin B6: 0.04mg (1.89%), Phosphorus: 16.89mg (1.69%), Vitamin B2: 0.03mg (1.51%), Vitamin B5: 0.14mg (1.42%), Manganese: 0.03mg (1.37%), Calcium: 13.44mg (1.34%), Fiber: 0.31g (1.25%), Vitamin B3: 0.24mg (1.18%)