



Boiled Potato Salad

 Gluten Free

READY IN



40 min.

SERVINGS



10

CALORIES



367 kcal

SIDE DISH

Ingredients

- ☐ 10 servings basil leaves for garnish
- ☐ 2 rib celery
- ☐ 0.5 pound bacon crumbled cooked
- ☐ 4 to 5 eggs boiled
- ☐ 8 idaho potatoes
- ☐ 0.5 cup mayonnaise
- ☐ 0.3 teaspoon panhandle pepper black (recommended: Bob Tallman's cowboy orange seasoning – gourmet pepper, garlic, onion, and orange oil)
- ☐ 2 tablespoons pimentos diced

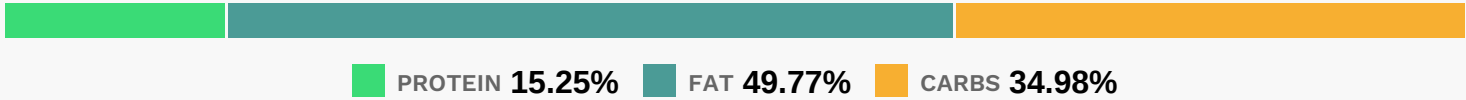
- ☐ 0.5 cup cup heavy whipping cream sour
- ☐ 0.8 teaspoons steak dust black (recommended: Bob Tallman's cowboy blend of garlic, pepper, sea salt, onion, and sugar)

Equipment

Directions

- ☐ Boil the potatoes. After the eggs, potatoes, and bacon are cooked you must dice the ingredients.
- ☐ Mix all ingredients together and serve in Grandma's glass tumblers. Dip rims in water and dip in paprika and finish it off with a fresh mint or basil leaf.

Nutrition Facts



Properties

Glycemic Index:34.58, Glycemic Load:24.34, Inflammation Score:-5, Nutrition Score:14.334782517475%

Flavonoids

Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg

Nutrients (% of daily need)

Calories: 366.68kcal (18.33%), Fat: 20.41g (31.4%), Saturated Fat: 5.79g (36.21%), Carbohydrates: 32.27g (10.76%), Net Carbohydrates: 29.9g (10.87%), Sugar: 1.69g (1.87%), Cholesterol: 99.41mg (33.14%), Sodium: 490mg (21.3%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 14.07g (28.13%), Vitamin B6: 0.76mg (37.82%), Vitamin K: 30.54µg (29.09%), Selenium: 18.29µg (26.13%), Potassium: 879.51mg (25.13%), Phosphorus: 229.77mg (22.98%), Vitamin B3: 4.21mg (21.06%), Vitamin B1: 0.28mg (18.58%), Manganese: 0.33mg (16.55%), Vitamin C: 13.3mg (16.12%), Magnesium: 51.45mg (12.86%), Vitamin B2: 0.21mg (12.64%), Iron: 2.17mg (12.03%), Copper: 0.23mg (11.42%), Vitamin B5: 1.1mg (11.02%), Zinc: 1.5mg (9.97%), Fiber: 2.37g (9.48%), Folate: 35.05µg (8.76%), Vitamin A: 371.2IU (7.42%), Vitamin B12: 0.44µg (7.36%), Calcium: 51.73mg (5.17%), Vitamin E: 0.75mg (5.01%), Vitamin D: 0.47µg (3.1%)