



Bottom of the Cereal Box Cookies

 Popular

READY IN



40 min.

SERVINGS



30

CALORIES



104 kcal

DESSERT

Ingredients

- ☐ 17.5 oz sugar cookie mix
- ☐ 0.5 cup butter softened
- ☐ 1 eggs
- ☐ 3 cups cornflakes (including cereal crumbs)

Equipment

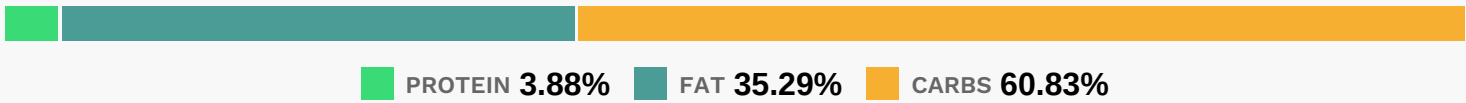
- ☐ bowl
- ☐ baking sheet
- ☐ oven

☐ wire rack

Directions

- ☐ Heat oven to 350°F. In large bowl, stir cookie mix, butter and egg until soft dough forms. Stir in cereal.
- ☐ Drop and shape dough by rounded measuring tablespoonfuls 2 inches apart onto ungreased cookie sheet.
- ☐ Bake 8 to 10 minutes or until golden brown around edges. Cool 1 minute before removing from cookie sheet to cooling rack.

Nutrition Facts



Properties

Glycemic Index:1.67, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:1.420434769081%

Nutrients (% of daily need)

Calories: 104.19kcal (5.21%), Fat: 4.11g (6.33%), Saturated Fat: 1.99g (12.46%), Carbohydrates: 15.94g (5.31%), Net Carbohydrates: 15.85g (5.76%), Sugar: 7.95g (8.83%), Cholesterol: 13.59mg (4.53%), Sodium: 94.07mg (4.09%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 1.02g (2.03%), Iron: 0.9mg (4.97%), Folate: 13.44µg (3.36%), Vitamin B2: 0.06mg (3.3%), Vitamin B1: 0.05mg (3.21%), Vitamin A: 152.47IU (3.05%), Vitamin B3: 0.57mg (2.85%), Vitamin B12: 0.16µg (2.66%), Vitamin B6: 0.05mg (2.64%), Selenium: 0.72µg (1.03%)