

Boulevardier



Vegetarian



Vegan



Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



272 kcal

BEVERAGE

DRINK

Ingredients



2 ounce bourbon



1 ounce campari



1 serving ice cubes



1 serving orange twist for garnish



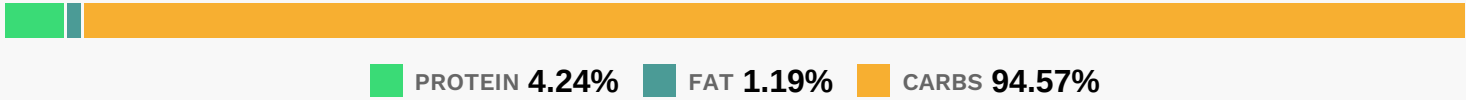
1 ounce vermouth sweet

Equipment

Directions

- ☐ Stir long and well with ice in a mixing glass and strain into a cocktail glass.
- ☐ Garnish with a lemon or orange twist.

Nutrition Facts



Properties

Glycemic Index:57.5, Glycemic Load:3.6, Inflammation Score:-6, Nutrition Score:4.8469565795816%

Flavonoids

Hesperetin: 24.52mg, Hesperetin: 24.52mg, Hesperetin: 24.52mg, Hesperetin: 24.52mg Naringenin: 13.79mg, Naringenin: 13.79mg, Naringenin: 13.79mg, Naringenin: 13.79mg Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg Quercetin: 0.41mg, Quercetin: 0.41mg, Quercetin: 0.41mg, Quercetin: 0.41mg

Nutrients (% of daily need)

Calories: 271.65kcal (13.58%), Fat: 0.11g (0.17%), Saturated Fat: 0.01g (0.08%), Carbohydrates: 19.33g (6.44%), Net Carbohydrates: 17.17g (6.25%), Sugar: 8.41g (9.35%), Cholesterol: 0mg (0%), Sodium: 3.37mg (0.15%), Alcohol: 28.07g (100%), Alcohol %: 13.71% (100%), Protein: 0.87g (1.73%), Vitamin C: 47.88mg (58.04%), Fiber: 2.16g (8.64%), Folate: 27µg (6.75%), Vitamin B1: 0.08mg (5.45%), Potassium: 164.03mg (4.69%), Vitamin A: 202.5IU (4.05%), Calcium: 37.68mg (3.77%), Copper: 0.06mg (3.07%), Vitamin B6: 0.05mg (2.73%), Magnesium: 9.56mg (2.39%), Vitamin B2: 0.04mg (2.25%), Vitamin B5: 0.22mg (2.25%), Manganese: 0.03mg (1.64%), Phosphorus: 14.87mg (1.49%), Vitamin B3: 0.26mg (1.31%), Vitamin E: 0.16mg (1.08%)