



Bourbon Buttercream Frosting

 Vegetarian

READY IN



45 min.

SERVINGS



6

CALORIES



905 kcal

BEVERAGE

DRINK

Ingredients

- 0.3 cup bourbon
- 1 cup butter softened
- 0.3 cup milk
- 32 ounce powdered sugar
- 1 tablespoon vanilla extract

Equipment

- hand mixer

Directions

- ☐ Beat butter at medium speed with an electric mixer until creamy; gradually add powdered sugar alternately with bourbon and milk, beating at low speed until blended after each addition. Stir in vanilla extract.

Nutrition Facts

 PROTEIN **0.34%**  FAT **31.45%**  CARBS **68.21%**

Properties

Glycemic Index:17.17, Glycemic Load:0.25, Inflammation Score:-4, Nutrition Score:2.1386956669714%

Nutrients (% of daily need)

Calories: 904.6kcal (45.23%), Fat: 31.12g (47.87%), Saturated Fat: 19.7g (123.12%), Carbohydrates: 151.82g (50.61%), Net Carbohydrates: 151.82g (55.21%), Sugar: 148.82g (165.36%), Cholesterol: 82.97mg (27.66%), Sodium: 251.77mg (10.95%), Alcohol: 5.2g (100%), Alcohol %: 3.02% (100%), Protein: 0.77g (1.54%), Vitamin A: 967.41IU (19.35%), Vitamin E: 0.88mg (5.9%), Vitamin B2: 0.06mg (3.7%), Calcium: 27.5mg (2.75%), Vitamin K: 2.69µg (2.56%), Phosphorus: 23.43mg (2.34%), Vitamin B12: 0.14µg (2.29%), Selenium: 1.54µg (2.2%), Potassium: 35.91mg (1.03%)