



Bourbon Margarita Slushies



Vegetarian



Vegan



Dairy Free

READY IN



1440 min.

SERVINGS



10

CALORIES



183 kcal

Ingredients



1 cup bourbon



1 liter club soda



1 slices lime



12 oz limeade concentrate frozen thawed canned



0.8 cup orange liqueur



1 cup tequila



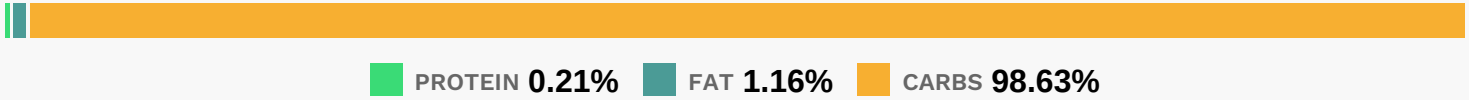
1.5 cups water

Equipment

Directions

- ☐ Stir together bottle club soda, limeade concentrate, water, tequila, bourbon, and orange liqueur. Divide between 2 large zip-top plastic freezer bags; seal bags. Freeze 24 hours or up to 1 week.
- ☐ Serve in salt-rimmed glasses with lime slices.
- ☐ Note: We tested with Triple Sec orange liqueur.

Nutrition Facts



Properties

Glycemic Index:6.2, Glycemic Load:0.02, Inflammation Score:-2, Nutrition Score:0.36478260710188%

Flavonoids

Hesperetin: 0.3mg, Hesperetin: 0.3mg, Hesperetin: 0.3mg, Hesperetin: 0.3mg Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg

Nutrients (% of daily need)

Calories: 183.3kcal (9.16%), Fat: 0.05g (0.08%), Saturated Fat: 0.02g (0.12%), Carbohydrates: 10.46g (3.49%), Net Carbohydrates: 10.44g (3.8%), Sugar: 10.23g (11.36%), Cholesterol: 0mg (0%), Sodium: 25.7mg (1.12%), Alcohol: 20.63g (100%), Alcohol %: 11.09% (100%), Caffeine: 4.6mg (1.53%), Protein: 0.02g (0.05%), Copper: 0.03mg (1.74%), Vitamin C: 1.26mg (1.53%)