

DINNER

Bourbon Meatballs

17 September 2026

TOTAL TIME	SERVES	PER SERVING	CALORIES
45 min	10	\$3.00	538 kcal

If you want to add more dairy free recipes to your repertoire, Bourbon Meatballs might be a recipe you should try. This recipe serves 10 and costs \$3.0 per serving. This main course has 538 calories, 17g of protein, and 20g of fat per serving. 1 person found this recipe to be scrumptious and satisfy...

Ingredients

- ☐ 2 cups barbecue sauce
- ☐ 1 cup honey
- ☐ 1 cup prepared mustard
- ☐ 1½ cups bourbon
- ☐ 32 ounce package frozen cooked Italian-style meatballs, thawed
- ☐ 0.1 teaspoon Worcestershire sauce

EQUIPMENT Dutch oven

Method

- 1 Cook first 5 ingredients in a Dutch oven over medium heat 5 minutes.
- 2 Add meatballs; bring to a boil. Reduce heat, and simmer 25 minutes.

Nutrition per serving

538

KCAL

17 g

PROTEIN

20 g

FAT

53 g

CARBS

Saturated Fat

7.2 g · 45% of daily needs

Fibre

1.7 g · 7% of daily needs

Sugar

47.2 g · 52% of daily needs

Sodium

917 mg · 40% of daily needs

Cholesterol

65.3 mg · 22% of daily needs

Vitamin C

1.3 mg · 2% of daily needs

Adapted from My Recipes. Find this recipe, ratings and more ideas at whatsheate.com/bourbon-meatballs-143290