



Bourbon-Peach Cocktail



Vegetarian



Vegan



Dairy Free

READY IN



45 min.

SERVINGS



1

CALORIES



264 kcal

BEVERAGE

DRINK

Ingredients

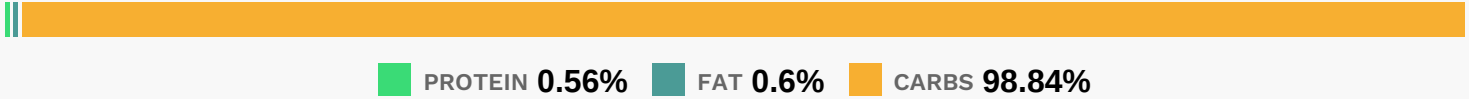
- ☐ 4 tablespoons bourbon
- ☐ 2 tablespoons club soda
- ☐ 1.5 tablespoons juice of lemon fresh
- ☐ 1 slice garnishes: a peach a lemon fresh
- ☐ 1 tablespoon peach schnapps
- ☐ 1.5 tablespoons demerara simple syrup

Equipment

Directions

☐ Combine first 4 ingredients in a cocktail shaker; fill with ice. Cover with lid, and shake vigorously until thoroughly chilled (about 30 seconds). Strain bourbon mixture into a 10-oz. glass filled with ice; top with club soda and, if desired, bitters.

Nutrition Facts



Properties

Glycemic Index:40.5, Glycemic Load:0.12, Inflammation Score:-3, Nutrition Score:1.6739130575696%

Flavonoids

Eriodictyol: 2.59mg, Eriodictyol: 2.59mg, Eriodictyol: 2.59mg, Eriodictyol: 2.59mg Hesperetin: 5.21mg, Hesperetin: 5.21mg, Hesperetin: 5.21mg, Hesperetin: 5.21mg Naringenin: 0.35mg, Naringenin: 0.35mg, Naringenin: 0.35mg, Naringenin: 0.35mg Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg Quercetin: 0.16mg, Quercetin: 0.16mg, Quercetin: 0.16mg, Quercetin: 0.16mg

Nutrients (% of daily need)

Calories: 264.28kcal (13.21%), Fat: 0.08g (0.12%), Saturated Fat: 0.01g (0.07%), Carbohydrates: 27.64g (9.21%), Net Carbohydrates: 27.37g (9.95%), Sugar: 26.13g (29.04%), Cholesterol: 0mg (0%), Sodium: 24.58mg (1.07%), Alcohol: 20.04g (100%), Alcohol %: 15.5% (100%), Protein: 0.16g (0.31%), Vitamin C: 12.42mg (15.05%), Iron: 1.17mg (6.48%), Vitamin B1: 0.05mg (3.39%), Potassium: 53.53mg (1.53%), Vitamin B2: 0.03mg (1.48%), Copper: 0.03mg (1.33%), Folate: 5.27µg (1.32%), Magnesium: 5.21mg (1.3%), Fiber: 0.26g (1.05%)