



Bourbon-Spiked Ginger Brownie Truffle Balls

READY IN



105 min.

SERVINGS



60

CALORIES



105 kcal

DESSERT

Ingredients

- ☐ 0.5 cup bourbon
- ☐ 18.3 oz brownie mix
- ☐ 0.7 cup butter melted
- ☐ 0.5 cup candied ginger finely chopped
- ☐ 3 eggs
- ☐ 2 cups gingersnaps crushed (40 cookies)
- ☐ 0.5 teaspoon ground ginger
- ☐ 0.5 cup semi chocolate chips melted
- ☐ 0.5 cup semisweet chocolate chips miniature

☐ 0.5 cup cocoa powder unsweetened

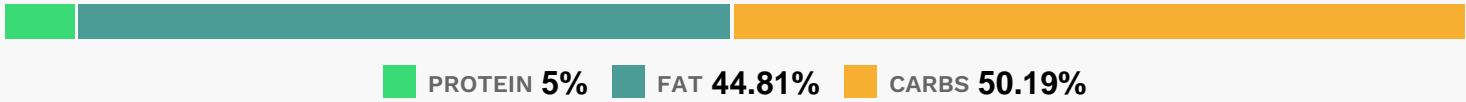
Equipment

- ☐ bowl
- ☐ frying pan
- ☐ oven
- ☐ toothpicks

Directions

- ☐ Heat oven to 350F. Spray bottom only of 13x9-inch pan with cooking spray; set aside.
- ☐ In medium bowl, mix brownie mix, melted butter, eggs, 1/2 cup miniature chocolate chips, 1/4 cup of the bourbon, the ground ginger and crushed cookies.
- ☐ Mix until well blended.
- ☐ Spread in pan.
- ☐ Bake 24 to 26 minutes or until toothpick inserted 2 inches from side of pan comes out clean.
- ☐ Cool completely, about 1 hour. In medium bowl, crumble cooled brownie into chunks; stir in remaining 1/4 cup bourbon. Shape mixture into 1-inch balls.
- ☐ In small bowl, place 1/2 cup powdered sugar.
- ☐ Roll balls in powdered sugar.
- ☐ Drizzle or coat with melted chocolate and garnish with crystallized ginger. Store tightly covered in refrigerator up to 1 week or in freezer up to 1 month.

Nutrition Facts



Properties

Glycemic Index:1.08, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:1.648695624393%

Flavonoids

Catechin: 0.46mg, Catechin: 0.46mg, Catechin: 0.46mg, Catechin: 0.46mg Epicatechin: 1.41mg, Epicatechin: 1.41mg, Epicatechin: 1.41mg, Epicatechin: 1.41mg Quercetin: 0.07mg, Quercetin: 0.07mg, Quercetin: 0.07mg,

Quercetin: 0.07mg

Nutrients (% of daily need)

Calories: 105.19kcal (5.26%), Fat: 5.1g (7.84%), Saturated Fat: 2.51g (15.66%), Carbohydrates: 12.85g (4.28%), Net Carbohydrates: 12.22g (4.44%), Sugar: 7.22g (8.02%), Cholesterol: 13.82mg (4.61%), Sodium: 66.19mg (2.88%), Alcohol: 0.67g (100%), Alcohol %: 3.45% (100%), Caffeine: 4.63mg (1.54%), Protein: 1.28g (2.56%), Manganese: 0.14mg (6.93%), Iron: 0.85mg (4.7%), Copper: 0.08mg (4.2%), Magnesium: 11.88mg (2.97%), Fiber: 0.63g (2.51%), Phosphorus: 22.48mg (2.25%), Selenium: 1.3µg (1.85%), Vitamin A: 76.73IU (1.53%), Vitamin B2: 0.03mg (1.5%), Potassium: 47.51mg (1.36%), Zinc: 0.19mg (1.29%), Folate: 4.62µg (1.15%)