



Bourbon Syrup



Vegetarian



Vegan



Dairy Free

READY IN



45 min.

SERVINGS



8

CALORIES



270 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 1 cup bourbon
- ☐ 1 cup firmly brown sugar light packed
- ☐ 1 cup caster sugar
- ☐ 1 cup water

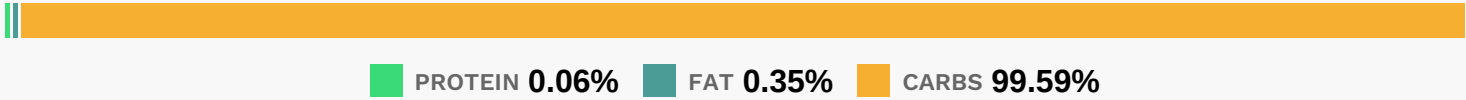
Equipment

- ☐ sauce pan

Directions

- ☐ Bring superfine sugar, brown sugar, and 1 cup water to a boil in a small saucepan over medium-high heat; cook 10 minutes until reduced by half.
- ☐ Remove from heat, and stir in bourbon.
- ☐ Note: For testing purposes only, we used Makers Mark Bourbon.

Nutrition Facts



Properties

Glycemic Index:10.64, Glycemic Load:17.45, Inflammation Score:-1, Nutrition Score:0.46173913776875%

Nutrients (% of daily need)

Calories: 270.05kcal (13.5%), Fat: 0.08g (0.12%), Saturated Fat: 0g (0%), Carbohydrates: 51.88g (17.29%), Net Carbohydrates: 51.88g (18.86%), Sugar: 51.63g (57.36%), Cholesterol: 0mg (0%), Sodium: 9.73mg (0.42%), Alcohol: 10.02g (100%), Alcohol %: 11.33% (100%), Protein: 0.03g (0.07%), Calcium: 23.96mg (2.4%), Copper: 0.03mg (1.29%), Iron: 0.22mg (1.22%), Manganese: 0.02mg (1.2%), Potassium: 37.67mg (1.08%)