



Bourbon-Vanilla Bean Frosting

 Vegetarian

READY IN



15 min.

SERVINGS



15

CALORIES



368 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 5 tablespoons bourbon
- ☐ 1 cup butter softened
- ☐ 0.5 cup milk
- ☐ 2 lb powdered sugar
- ☐ 0.1 teaspoon salt
- ☐ 2 tablespoons vanilla bean paste

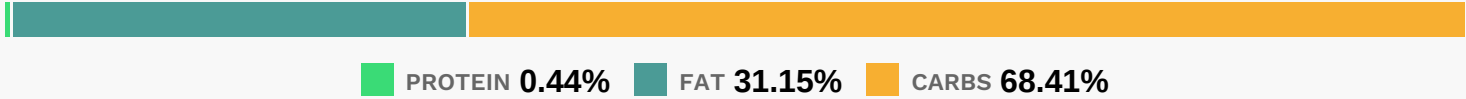
Equipment

- ☐ hand mixer

Directions

☐ Beat butter at medium speed with an electric mixer until creamy; gradually add sugar alternately with milk and bourbon, beating at low speed just until blended after each addition. Stir in vanilla and salt.

Nutrition Facts



Properties

Glycemic Index:6.87, Glycemic Load:0.15, Inflammation Score:-2, Nutrition Score:0.92999998965989%

Nutrients (% of daily need)

Calories: 368.2kcal (18.41%), Fat: 12.53g (19.28%), Saturated Fat: 7.93g (49.56%), Carbohydrates: 61.95g (20.65%), Net Carbohydrates: 61.95g (22.53%), Sugar: 60.75g (67.5%), Cholesterol: 33.51mg (11.17%), Sodium: 121.04mg (5.26%), Alcohol: 1.67g (100%), Alcohol %: 2.33% (100%), Protein: 0.4g (0.79%), Vitamin A: 391.36IU (7.83%), Vitamin E: 0.36mg (2.37%), Vitamin B2: 0.03mg (1.65%), Calcium: 14.25mg (1.43%), Phosphorus: 12.05mg (1.2%), Vitamin B12: 0.07µg (1.16%), Vitamin K: 1.08µg (1.03%)