



Bourbon Vinaigrette



Vegetarian



Vegan



Dairy Free

READY IN



45 min.

SERVINGS



5

CALORIES



88 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 0.3 cup apple cider vinegar
- ☐ 3 tablespoons bourbon
- ☐ 0.7 cup canola oil
- ☐ 2 teaspoons dijon mustard
- ☐ 1 tablespoon brown sugar light
- ☐ 0.5 teaspoon pepper freshly ground
- ☐ 0.8 teaspoon salt

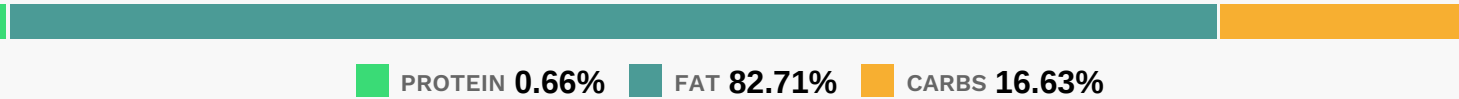
Equipment

- ☐ bowl
- ☐ whisk

Directions

- ☐ Whisk together vinegar, brown sugar, bourbon, Dijon mustard, salt, and pepper in a medium bowl.
- ☐ Add canola oil in a slow, steady stream, whisking constantly until smooth.

Nutrition Facts



Properties

Glycemic Index:23.8, Glycemic Load:0.09, Inflammation Score:-1, Nutrition Score:0.91956523198472%

Nutrients (% of daily need)

Calories: 87.78kcal (4.39%), Fat: 6.05g (9.3%), Saturated Fat: 0.45g (2.8%), Carbohydrates: 2.74g (0.91%), Net Carbohydrates: 2.6g (0.95%), Sugar: 2.42g (2.69%), Cholesterol: 0mg (0%), Sodium: 372.42mg (16.19%), Alcohol: 3.01g (100%), Alcohol %: 6.32% (100%), Protein: 0.11g (0.22%), Vitamin E: 1.05mg (7.03%), Vitamin K: 4.62µg (4.4%), Manganese: 0.08mg (3.88%), Selenium: 0.74µg (1.05%)