

DESSERT

Boyfriend Brownies

30 September 2026

TOTAL TIME	PREP	COOK	SERVES	PER SERVING	CALORIES
180 min	15 min	45 min	10	\$0.86	593 kcal



Boyfriend Brownies is an American recipe that serves 10. For 86 cents per serving, this recipe covers 12% of your daily requirements of vitamins and minerals. This dessert has 593 calories, 8g of protein, and 35g of fat per serving. Several people made this recipe, and 532 would say it hit the spot.

Ingredients

- ☐ 1 teaspoon baking soda
- ☐ 4 eggs
- ☐ ½ teaspoon salt
- ☐ 2 teaspoons vanilla extract
- ☐ ¼ cup water
- ☐ 2/3 cup butter
- ☐ 1½ cups all-purpose flour
- ☐ 12 ounce semisweet chocolate chips
- ☐ 1 cup coarsely chopped walnuts
- ☐ 1½ cups white sugar

EQUIPMENT Bowl, Frying pan, Sauce pan, Oven, Mixing bowl, Baking pan

Method

- 1 Preheat an oven to 325 degrees F (165 degrees C).
- 2 Combine the flour, baking soda, and salt in a small bowl; set aside. Grease and flour a 9x9-inch baking dish.
- 3 Combine the sugar, water, and butter in a saucepan. Cook and stir over medium heat until the butter has melted and the sugar has dissolved.
- 4 Remove from the heat and stir in one bag of chocolate chips and the vanilla extract until the chocolate has melted.
- 5 Pour the mixture into a mixing bowl, and beat in the eggs one at a time until smooth. Fold in the flour mixture until incorporated, then fold in the remaining bag of chocolate chips along with the walnuts.
- 6 Pour into prepared pan.
- 7 Bake in the preheated oven until the top is dry and the edges have started to pull away from the sides of the pan, 45 to 55 minutes. Cool completely before cutting into squares to serve.

Nutrition per serving

	593 KCAL	8 g PROTEIN	35 g FAT	64 g CARBS
Saturated Fat				16.6 g · 104% of daily needs
Fibre				4 g · 16% of daily needs
Sugar				43 g · 48% of daily needs
Sodium				353 mg · 15% of daily needs
Cholesterol				100 mg · 33% of daily needs

Adapted from Allrecipes. Find this recipe, ratings and more ideas at whatsheate.com/boyfriend-brownies-146599