



Braided Panettone

 Dairy Free

READY IN



45 min.

SERVINGS



36

CALORIES



73 kcal

BREAD

Ingredients

- ☐ 1 package active yeast dry
- ☐ 0.3 cup almonds sliced
- ☐ 0.3 lb butter
- ☐ 2 large egg yolks
- ☐ 2 large eggs
- ☐ 2.5 cups flour all-purpose
- ☐ 0.3 cup golden raisins
- ☐ 1 tablespoon lemon zest grated

- ☐ 2 tablespoons orange peel grated
- ☐ 0.5 teaspoon salt
- ☐ 3 tablespoons sugar
- ☐ 1.5 teaspoons vanilla
- ☐ 0.3 cup water

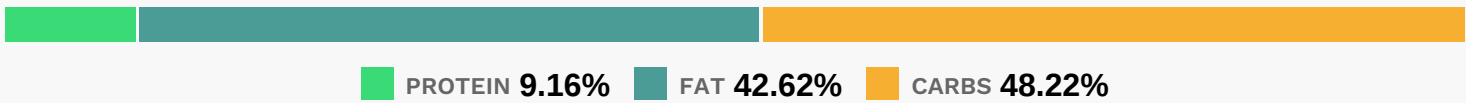
Equipment

- ☐ oven
- ☐ plastic wrap

Directions

- ☐ Process ingredients on dough cycle, according to manufacturer's directions.
- ☐ Add raisins and almonds when fruit and nut signal sounds (or 5 minutes before end of last kneading).
- ☐ At the end of the cycle, scrape the dough onto a board lightly coated with all-purpose flour. Divide dough into 3 equal pieces.
- ☐ Roll each piece to form a rope about 12 inches long.
- ☐ Cover loaf lightly with plastic wrap and let stand in a warm place until puffy, about 35 minutes.
- ☐ Remove plastic wrap.
- ☐ Beat 1 large egg yolk to blend with 1 tablespoon water.
- ☐ Brush braid with egg mixture.
- ☐ Bake braid in a 350 oven until golden brown, about 30 minutes. Cool on a rack at least 15 minutes before slicing.
- ☐ Serve hot, warm, or cool.

Nutrition Facts



Properties

Glycemic Index:5.88, Glycemic Load:5.93, Inflammation Score:-2, Nutrition Score:2.2913043683638%

Flavonoids

Cyanidin: 0.02mg, Cyanidin: 0.02mg, Cyanidin: 0.02mg, Cyanidin: 0.02mg Catechin: 0.01mg, Catechin: 0.01mg, Catechin: 0.01mg, Catechin: 0.01mg Epigallocatechin: 0.02mg, Epigallocatechin: 0.02mg, Epigallocatechin: 0.02mg, Epigallocatechin: 0.02mg Isorhamnetin: 0.02mg, Isorhamnetin: 0.02mg, Isorhamnetin: 0.02mg, Isorhamnetin: 0.02mg Kaempferol: 0.03mg, Kaempferol: 0.03mg, Kaempferol: 0.03mg, Kaempferol: 0.03mg Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg

Nutrients (% of daily need)

Calories: 73.36kcal (3.67%), Fat: 3.48g (5.35%), Saturated Fat: 0.74g (4.65%), Carbohydrates: 8.85g (2.95%), Net Carbohydrates: 8.39g (3.05%), Sugar: 1.69g (1.88%), Cholesterol: 20.53mg (6.84%), Sodium: 66.95mg (2.91%), Alcohol: 0.06g (100%), Alcohol %: 0.34% (100%), Protein: 1.68g (3.36%), Vitamin B1: 0.09mg (6.3%), Selenium: 4.38µg (6.26%), Folate: 23.58µg (5.9%), Vitamin B2: 0.08mg (4.68%), Manganese: 0.08mg (3.97%), Vitamin B3: 0.63mg (3.16%), Iron: 0.53mg (2.93%), Vitamin A: 142.78IU (2.86%), Phosphorus: 24.85mg (2.49%), Vitamin E: 0.32mg (2.15%), Fiber: 0.46g (1.84%), Vitamin B5: 0.14mg (1.44%), Copper: 0.03mg (1.37%), Magnesium: 4.71mg (1.18%), Zinc: 0.16mg (1.06%)