



Brandied Hot Chocolate

 Gluten Free

READY IN



45 min.

SERVINGS



4

CALORIES



621 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 1.5 cups bittersweet chocolate grated
- ☐ 0.5 cup milk powder dry
- ☐ 4 servings whipped cream for garnish
- ☐ 4 cups milk whole
- ☐ 4 tablespoons armagnac
- ☐ 4 tablespoons armagnac

Equipment

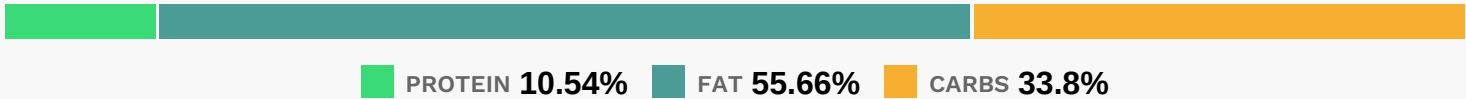
- ☐ bowl

- ☐sauce pan
- ☐whisk

Directions

- ☐In a medium bowl, mix grated chocolate and dry milk powder.
- ☐In a medium saucepan, heat whole milk over medium heat. Once heated, stir in the chocolate mixture and whisk until the chocolate has melted and the mixture is smooth and hot.
- ☐Pour 1 Tbsp. Armagnac into each mug (four mugs total), then fill each mug with the smooth, hot chocolate mixture.
- ☐Serve hot, garnished with whipped cream or marshmallows.

Nutrition Facts



Properties

Glycemic Index:34.5, Glycemic Load:7.51, Inflammation Score:-7, Nutrition Score:22.043913048247%

Nutrients (% of daily need)

Calories: 621.15kcal (31.06%), Fat: 38.55g (59.31%), Saturated Fat: 22.5g (140.61%), Carbohydrates: 52.69g (17.56%), Net Carbohydrates: 47.44g (17.25%), Sugar: 42.45g (47.17%), Cholesterol: 53.3mg (17.77%), Sodium: 159.12mg (6.92%), Alcohol: Og (100%), Alcohol %: 0% (100%), Caffeine: 56.44mg (18.81%), Protein: 16.42g (32.84%), Phosphorus: 546.57mg (54.66%), Calcium: 492.79mg (49.28%), Manganese: 0.89mg (44.29%), Copper: 0.83mg (41.74%), Magnesium: 159.04mg (39.76%), Vitamin B2: 0.56mg (33.22%), Vitamin B12: 1.97µg (32.89%), Vitamin D: 4.39µg (29.25%), Potassium: 959.71mg (27.42%), Iron: 4.23mg (23.48%), Zinc: 3.3mg (21.97%), Fiber: 5.25g (21%), Selenium: 12.84µg (18.34%), Vitamin B5: 1.49mg (14.89%), Vitamin B1: 0.21mg (13.68%), Vitamin A: 618.63IU (12.37%), Vitamin B6: 0.22mg (11.1%), Vitamin K: 5.92µg (5.64%), Vitamin B3: 0.91mg (4.57%), Vitamin E: 0.64mg (4.27%), Vitamin C: 1.38mg (1.67%), Folate: 6.1µg (1.52%)