



Brandy-Vanilla Cheesecake Dip

 Vegetarian

READY IN



5 min.

SERVINGS



5

CALORIES



413 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 5 tablespoons brandy
- 24.2 oz broccoli and cheese rice mix
- 1 teaspoon vanilla extract

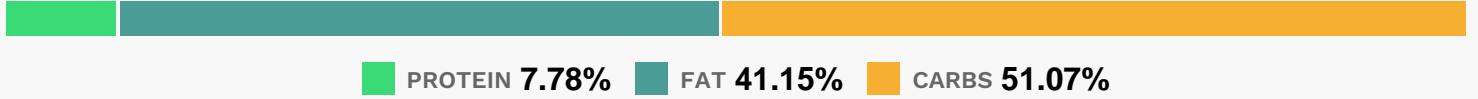
Equipment

Directions

- Stir together all ingredients. Cover and chill until ready to serve.

- Note: For testing purposes only, we used Philadelphia Ready-To-Eat Cheesecake Filling.
- Orange Cheesecake Dip: Prepare recipe as directed, substituting 1/4 cup orange marmalade, melted, and 2 tsp. grated orange rind for brandy and vanilla.
- Rum-Almond Cheesecake Dip: Prepare recipe as directed, substituting 3 to 5 tsp. spiced rum and 1/2 tsp. almond extract for brandy and vanilla.

Nutrition Facts



Properties

Glycemic Index:3, Glycemic Load:0, Inflammation Score:1, Nutrition Score:2.0256521934238%

Nutrients (% of daily need)

Calories: 412.91kcal (20.65%), Fat: 17.43g (26.81%), Saturated Fat: 9.15g (57.2%), Carbohydrates: 48.67g (16.22%), Net Carbohydrates: 46.07g (16.75%), Sugar: 0.1g (0.11%), Cholesterol: 39.79mg (13.26%), Sodium: 521.63mg (22.68%), Alcohol: 5.29g (100%), Alcohol %: 4.38% (100%), Protein: 7.41g (14.82%), Iron: 4.12mg (22.91%), Fiber: 2.61g (10.43%), Potassium: 291mg (8.31%), Calcium: 23.41mg (2.34%), Vitamin C: 1.37mg (1.66%)