

Brass Monkey



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



1 min.

SERVINGS



1

CALORIES



58 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 1.5 fluid ounce jigger coconut rum flavored
- ☐ 1.5 fluid ounce jigger pineapple juice
- ☐ 0.5 fluid ounce proof rum

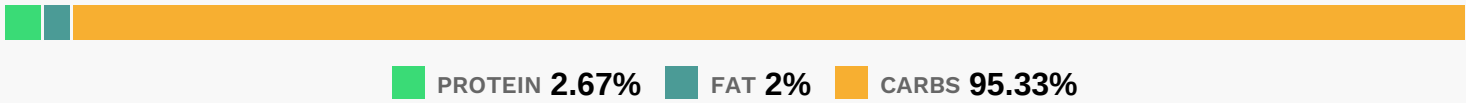
Equipment

- ☐ blender

Directions

In a cocktail mixer full of ice, combine coconut rum and pineapple juice. Shake vigorously and strain into glass. Float 151 rum over the top. Drink in one gulp.

Nutrition Facts



Properties

Glycemic Index:61, Glycemic Load:2.59, Inflammation Score:-2, Nutrition Score:1.3669565462548%

Nutrients (% of daily need)

Calories: 57.66kcal (2.88%), Fat: 0.05g (0.08%), Saturated Fat: 0g (0.02%), Carbohydrates: 5.71g (1.9%), Net Carbohydrates: 5.62g (2.04%), Sugar: 4.43g (4.92%), Cholesterol: 0mg (0%), Sodium: 1.03mg (0.04%), Alcohol: 4.94g (100%), Alcohol %: 6.05% (100%), Protein: 0.16g (0.32%), Manganese: 0.23mg (11.31%), Vitamin C: 4.44mg (5.38%), Vitamin B6: 0.04mg (2.23%), Folate: 7.98µg (2%), Vitamin B1: 0.03mg (1.77%), Copper: 0.03mg (1.69%), Potassium: 57.96mg (1.66%), Magnesium: 5.32mg (1.33%)