



Brazilian Rich Chocolate Truffles

 Gluten Free

READY IN



50 min.

SERVINGS



30

CALORIES



49 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 1 ounce bittersweet chocolate chopped
- ☐ 1 teaspoon butter salted plus more for rubbing
- ☐ 14 ounces condensed milk sweetened canned

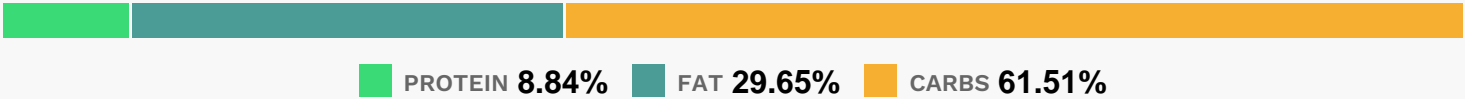
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ sauce pan

Directions

- ☐ In a medium nonstick saucepan, combine the condensed milk with the chocolate and 1 teaspoon of butter. Cook over moderately low heat, stirring constantly, until shiny and very thick, 15 to 18 minutes.
- ☐ Spread the mixture in a shallow dish and let cool for 15 minutes.
- ☐ Arrange 30 paper candy cups on a baking sheet.
- ☐ Pour the sprinkles into a small shallow bowl. Rub your hands with butter. Scoop up rounded teaspoons of the candy mixture and roll them into balls.
- ☐ Roll the candy in the sprinkles and set them in a paper cup. Repeat to form the remaining candies.
- ☐ Serve slightly chilled or at room temperature.

Nutrition Facts



Properties

Glycemic Index:3.7, Glycemic Load:4.39, Inflammation Score:-1, Nutrition Score:1.0891304281743%

Nutrients (% of daily need)

Calories: 49.13kcal (2.46%), Fat: 1.65g (2.54%), Saturated Fat: 1.02g (6.38%), Carbohydrates: 7.69g (2.56%), Net Carbohydrates: 7.62g (2.77%), Sugar: 7.54g (8.38%), Cholesterol: 4.91mg (1.64%), Sodium: 17.97mg (0.78%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.11g (2.21%), Calcium: 38.2mg (3.82%), Phosphorus: 35.97mg (3.6%), Vitamin B2: 0.06mg (3.27%), Selenium: 2.04µg (2.91%), Potassium: 54.48mg (1.56%), Magnesium: 5.11mg (1.28%), Vitamin B5: 0.1mg (1.02%)