

Brie's Turkey and Cranberry Dog Bones

 Dairy Free

READY IN



75 min.

SERVINGS



45

CALORIES



47 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 1 teaspoon double-acting baking powder
- 1 cup cranberries dried
- 1 eggs
- 1 tablespoon olive oil
- 1 cup turkey shredded cooked
- 3.5 cups flour whole wheat

Equipment

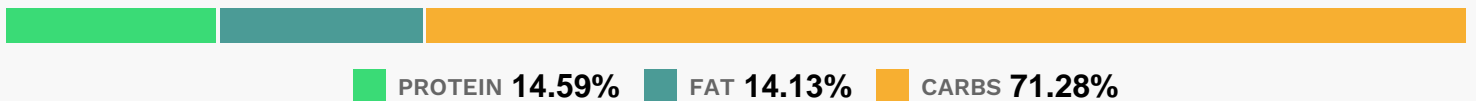
- bowl

- baking sheet
- baking paper
- oven
- whisk
- cookie cutter

Directions

- Preheat oven to 350 degrees F (175 degrees C). Lightly grease baking sheets, or line them with parchment paper.
- In a large bowl, whisk the whole wheat flour and baking powder together until thoroughly combined, and stir in the cooked turkey meat and dried cranberries. Make a well in the center of the flour mixture, and drop the egg into the center; pour in the olive oil and about 1/2 cup of chicken broth.
- Mix into a soft dough. If mixture is too dry, mix in more chicken broth, about 1 tablespoon at a time, until dough is of desired consistency.
- Turn the dough out onto a floured work surface, and knead for 1 to 2 minutes.
- Roll the dough out 1/4 inch thick, and cut out with your favorite cookie cutters.
- Bake until the treats turn brown, about 25 minutes. Turn the oven off, and leave the dog treats in the oven an additional 30 minutes to dry out. Refrigerate leftover dog treats.

Nutrition Facts



Properties

Glycemic Index:2.04, Glycemic Load:0.02, Inflammation Score:-1, Nutrition Score:2.8121739455053%

Flavonoids

Cyanidin: 0.02mg, Cyanidin: 0.02mg, Cyanidin: 0.02mg, Cyanidin: 0.02mg Myricetin: 0.06mg, Myricetin: 0.06mg, Myricetin: 0.06mg, Myricetin: 0.06mg Quercetin: 0.12mg, Quercetin: 0.12mg, Quercetin: 0.12mg, Quercetin: 0.12mg

Nutrients (% of daily need)

Calories: 47.34kcal (2.37%), Fat: 0.79g (1.22%), Saturated Fat: 0.15g (0.93%), Carbohydrates: 8.98g (2.99%), Net Carbohydrates: 7.84g (2.85%), Sugar: 2g (2.22%), Cholesterol: 5.23mg (1.74%), Sodium: 13.61mg (0.59%), Alcohol:

Og (100%), Alcohol %: 0% (100%), Protein: 1.84g (3.68%), Manganese: 0.39mg (19.36%), Selenium: 6.55µg (9.36%), Fiber: 1.14g (4.57%), Phosphorus: 41.46mg (4.15%), Magnesium: 13.59mg (3.4%), Vitamin B1: 0.05mg (3.24%), Vitamin B3: 0.65mg (3.23%), Vitamin B6: 0.05mg (2.7%), Iron: 0.39mg (2.19%), Copper: 0.04mg (2.12%), Zinc: 0.3mg (1.98%), Vitamin B2: 0.02mg (1.45%), Vitamin E: 0.18mg (1.2%), Potassium: 41.52mg (1.19%), Folate: 4.72µg (1.18%)