



Brittle Fondue

 Gluten Free

READY IN



5 min.

SERVINGS



8

CALORIES



329 kcal

DESSERT

Ingredients

- ☐ 8 servings pecan brittle
- ☐ 12 oz semisweet chocolate morsels
- ☐ 0.8 cup whipping cream

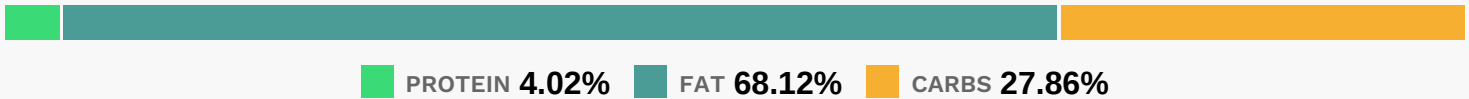
Equipment

- ☐ bowl
- ☐ whisk
- ☐ pot
- ☐ microwave

Directions

- ☐ Microwave 1 (12-oz.) package semisweet chocolate morsels and 3/4 cup whipping cream in a medium microwave-safe glass bowl at HIGH 1 minute, whisking once after 30 seconds.
- ☐ Whisk until smooth.
- ☐ Transfer to fondue pot.
- ☐ Serve with peanut or pecan brittle.

Nutrition Facts



Properties

Glycemic Index:1.25, Glycemic Load:0, Inflammation Score:-5, Nutrition Score:7.56173914282222%

Flavonoids

Cyanidin: 0.11mg, Cyanidin: 0.11mg, Cyanidin: 0.11mg, Cyanidin: 0.11mg Delphinidin: 0.07mg, Delphinidin: 0.07mg, Delphinidin: 0.07mg, Delphinidin: 0.07mg Catechin: 0.07mg, Catechin: 0.07mg, Catechin: 0.07mg, Catechin: 0.07mg Epigallocatechin: 0.06mg, Epigallocatechin: 0.06mg, Epigallocatechin: 0.06mg, Epigallocatechin: 0.06mg Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg Epigallocatechin 3-gallate: 0.02mg, Epigallocatechin 3-gallate: 0.02mg, Epigallocatechin 3-gallate: 0.02mg, Epigallocatechin 3-gallate: 0.02mg

Nutrients (% of daily need)

Calories: 328.99kcal (16.45%), Fat: 25.07g (38.56%), Saturated Fat: 14.56g (91.01%), Carbohydrates: 23.06g (7.69%), Net Carbohydrates: 19.57g (7.11%), Sugar: 16.3g (18.11%), Cholesterol: 27.76mg (9.25%), Sodium: 10.28mg (0.45%), Alcohol: Og (100%), Alcohol %: 0% (100%), Caffeine: 36.57mg (12.19%), Protein: 3.33g (6.66%), Manganese: 0.61mg (30.43%), Copper: 0.55mg (27.26%), Magnesium: 77.61mg (19.4%), Iron: 2.74mg (15.2%), Fiber: 3.5g (13.99%), Phosphorus: 126.27mg (12.63%), Zinc: 1.23mg (8.17%), Potassium: 266.41mg (7.61%), Vitamin A: 349.82IU (7%), Selenium: 4.28µg (6.11%), Calcium: 41.79mg (4.18%), Vitamin B2: 0.06mg (3.77%), Vitamin K: 3.81µg (3.63%), Vitamin E: 0.47mg (3.13%), Vitamin D: 0.36µg (2.38%), Vitamin B5: 0.19mg (1.93%), Vitamin B3: 0.38mg (1.91%), Vitamin B12: 0.11µg (1.87%), Vitamin B1: 0.02mg (1.64%), Vitamin B6: 0.02mg (1.22%)